Fall 2023 Edition

My HOME

A Publication of Baptist Homes & Healthcare Ministries

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A *Trusted* Voice for the Aging

Ruth Moles: More Than Enough

Senior Deer Hunt

Estate Planning as a Benediction

Arcadia Valley Celebration!

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

2 Corinthians 4:16

BAPTIST HOMES
HEALTHCARE
Ministries

PROVIDING CHRISTLIKE CARE FOR THE AGING SINCE 1913
A MINISTRY OF THE MISSOURI BAPTIST CONVENTION

THIS IS Home

BAPTIST HOMES

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Baptist Homes & HEALTHCARE MINISTRIES

A Voice for the Aging

***REWRITING* THE STANDARD to be *Christlike Compassionate* CARE FOR THE AGING**

From the Presidents Desk

Vision for Being the Voice

This edition of *My Home* focuses on how Baptist Homes & Healthcare Ministries actively fulfills our responsibility as a trusted voice for the aging. It has been 50 years since Southern Baptists adopted their first and only resolution specifically related to aging. When messengers approved that resolution in 1973, 10% of the U.S. population was 65 years of age or older. Today, 17% of Americans are 65 or older. Even more telling is the fact that 33% of Southern Baptists are 65 or older.

While many seniors continue to enjoy physical vitality well into the retirement years, it is reassuring to know that Baptist Homes is prepared to provide Biblically-informed resources for churches and families. Our Community Engagement team can assist with Christ-honoring retirement planning, while our eight campuses provide healthcare options ranging from affordable independent living to skilled nursing care, should the need arise. Training resources include virtual dementia workshops, estate planning, understanding veteran benefits, and navigating the Medicare & Medicaid programs. These are available at no cost to churches and senior ministries.

Baptist Homes is a sought-after voice in Jefferson City and Washington. Each year, Baptist Homes staff members meet with elected officials to advocate for the sanctity of human life, resident rights, and religious freedom for seniors and those who live in senior care communities. We are privileged to have elected officials who contact our leadership about proposed legislation and the potential benefits or liabilities of these proposals. Baptist Homes leadership also serve on a variety of boards and committees that advocate for the aging locally and statewide.

Our voice for the aging is reflected through our social media venues and the *Biblical Perspectives on Aging* podcast. These resources connect individuals, families, and churches with one another along with addressing a variety of issues seniors face on a regular basis. At a professional level, our staff are a voice for the aging among senior care providers. In the past year, Baptist Homes leadership presented peer-reviewed papers on topics such as trauma-informed care, moral injury, and residents' rights.

The author of Psalm 71 gives voice to the fears, realities, and hope that those who trust in God will experience. To be the voice for the aging requires that we listen, obey, and proclaim the Word of God. Our leadership team and campus pastors are available to support the local church. These faithful leaders can provide a variety of support and service ranging from pulpit and Sunday School supply to small group presentations and support of senior ministry events.

At Baptist Homes & Healthcare Ministries, providing a voice for the aging is what we have done for 110 years. As we enter our 12th decade of service, it is our hope and prayer that the voice of advocacy we enjoy with Missouri Baptists will be heard by Southern Baptists and other like-minded churches throughout our nation.

Together in His service,

Rocky A Harrison

THIS IS Home

Becoming

When you read various articles, social media posts, and other communications from Baptist Homes, you've likely seen the phrase, "a voice for the aging" being used more regularly over the past few years. I thought a description of what we mean by that phrase and how it applies to our ministry and our relationships with the broader Baptist family would be in order.

The Baptist Homes have been in existence now for 110 years. Dr. Milford and Mary Riggs were called of God to care for elderly, struggling pastors in the first decades of the twentieth century. Eventually, that call expanded to providing Christlike care for struggling elders among our Baptist fellowship in Missouri at a single campus in Ironton, MO. Across the years, the ministry grew geographically to Chillicothe, and eventually, campuses were created in Ozark and Ashland, MO.

In the early days of 2020, a conversation was had between myself and Dr. Rodney Harrison, who had just become the seventh president of The Baptist Home. That conversation focused on current issues of viability in the long-term care marketplace, addressing the need to increase the Home's financial stability, and what would be the principles of any expansion effort we might consider. Less than a month later, the world changed with the advent of the COVID-19 pandemic, resulting in nationwide shutdowns, and the necessary isolation of our campuses for almost 18 months. It is not an overstatement to say that we never saw what was coming our way.

Amid the turmoil of COVID-19, Baptist Homes faced a significant moment in our history: we believed God had called us to a greater sphere of influence, but how could we increase that influence during a pandemic? In an amazing process, God opened doors that have radically changed our opportunities to be "a voice for the aging". We've grown from four operational campuses (Ashland with independent living) to six fully operational campuses (adding Independence and Tri-County – Vandalia). Two other campuses will be operational by this fall – Adrian and Smithville, and we are negotiating a consultation agreement with the Salt River Care Center in Shelbina, MO. This growth has occurred during a time when long-term care campuses across the state of Missouri are under greater stress than at any time in our industry's history. In fact, in 2022, over 200 nursing homes closed across the state. While many providers are shrinking their footprint, we will be blessed to see our impact in the state more than double by the close of 2024. This growth positions us to serve greater numbers of residents, support more staff, have an expanded stewardship with more resident family members, and be available in more areas of our state.

In addition to a rapid growth phase, we are experiencing an opportunity to grow in influence as well. One of the significant

A Voice For The Aging

impacts of COVID-19 was the removal of nursing home residents by families who were frightened by daily news reports and chose to bring their loved ones into their homes. The impact of this has led to a significant increase in the number of families who are now caregivers for loved ones. Many stepped into this role with little planning or preparation as they made the decision to bring a loved one into their home in crisis mode. Those family members are in desperate need of a calm, reassuring, Biblical voice on how to help their loved one and cope with the added stresses of being a caregiver.

We are responding to a change in the type of informational requests we receive from churches, associations, and families. The major focus today centers around caring for an aging loved one who may be struggling with some form of dementia and how to prepare for the possibility of nursing care and its extreme financial burden. It is this area where a trusted, Biblical "voice for the aging" is most needed and where Baptist Homes & Healthcare Ministries is striving to excel.

There are three main areas we are focusing on to assist you in dealing with the aging process. The first, "Understanding Dementia," addresses the confusing array of data and statistics by offering a clear and understandable approach to caring for a loved one with dementia. A part of this process is an opportunity to experience what it might be like to live with cognitive decline. We address the physical, emotional, and spiritual issues surrounding memory loss and caring for one who is losing themselves.

Second, we offer information about the intricacies of entering a nursing home. "Nursing Home 101" is a practical, honest discussion about nursing home care, why my loved one needs that care, and how can I/we pay for that care. We address some of the myths surrounding the costs and payment processes for nursing homes which can lead to very costly mistakes. We also address the need for continued discipleship as a person ages, and the importance of "Soul Care."

Finally, we offer information on the issues of caring for an aging loved one in your home. "Help, I'm a Caregiver" is the result of many encounters we've had with folks who are caring for a loved one in their homes. This opportunity has many blessings, struggles, and even conflicts that need a calm understanding to navigate.

The goal of becoming "a voice for the aging" is more than just an advertising campaign. It is, we believe, what and who we are called to be at Baptist Homes. As we expand our physical footprint across the state, and as we seek to be a resource on aging issues here at home and even to the broader Southern Baptist family, we are committed to setting the standard of Christlike care for the aging as we joyfully seek to serve to be pleasing to God and help others do the same.

Dr. Ron Mackey, Vice President, Community Engagement

Challenge Grant From Mabee Foundation

Baptist Homes & Healthcare Ministries is pleased to announce they have been approved for a $600,000 challenge grant from the Mabee Foundation. This challenge grant has been issued as a part of the Baptist Homes $18,000,000 Welcome Home Capital Campaign. The challenge grant is a part of the fundraising for the building of two skilled nursing cottages on the Ozark campus which will cost approximately $3,000,000. So far, $1,560,000 has been raised for the Ozark cottage campuses.

In order to be awarded the challenge grant Baptist Homes, will need to raise an additional $830,000.00. If you would like to support this much-needed addition of skilled nursing care at our Ozark campus, please reach out to Nick Davis, Advancement Director (ndavis@bhhm.org or 573-822-4319) or Ron Mackey, VP of Community Engagement (rdmackey@bhhm.org or 636-375-1331).

This is the fourth challenge grant issued by the Mabee Foundation for the Baptist Homes and is reflective of a long and fruitful relationship between the Mabee Foundation and Baptist Homes & Healthcare Ministries.

More Than Enough

Ruth Moles led a quiet life. She slipped seeds under a bit of earth and watched the young sprouts shoot their way toward the sun. She put casseroles in the oven, scrubbed the sink, raised four children, and watched the winter snows glisten under the moon. Her life may not have sounded like much to anybody else, but for Ruth, it was just about right.

Ruth lived her entire life in Bates County, Missouri, except for the four months that the family tried out the mountains of Colorado to see if the thinner air could help her daughter's asthma. It couldn't. Jobs in the mountains were hard to find, and besides, Colorado just wasn't Bates County. So they packed their things again and came back home, this time to stay. Ruth belonged in the curving back roads of Missouri among the cousins and neighbors who had known her ever since she was a kid.

Growing Up Double

Born in 1927 to a family of six children, Ruth and her brother were the second set of twins her mother had given birth to, although one of the older twins was stillborn. Ruth's twin was her guardian. They stuck close together, even when they chose different directions in life. He didn't attend high school very long—he simply wasn't cut out for it. "He went in through the front door and right out the back," Ruth said. But Ruth stayed. School gave her opportunities to do things she otherwise never would have, and she was thankful for the color and excitement it brought into her world.

Meanwhile, her brother enrolled in the army and was stationed at Fort Riley when he broke out with the measles. Call it a twin thing, because strangely enough, Ruth contracted measles that exact same week back home. It was the first time she remembers ever seeing a doctor. With the help of medicine, she made a full recovery.

Life was good—but it wasn't good enough. Ruth had no idea that a sickness far deadlier than measles still raged invisibly beneath the surface.

Finding a Family and Farm of Her Own

Romance was nothing dramatic or unexpected for Ruth. She married a boy from a large family she'd known all her life and spent 65 sweet years at his side. He was a good provider, and she cooked every meal from scratch.

They had two boys and two girls (but no twins!). For a year and a half, Ruth worked at Western Electric in Lee's Summit. The job was fine, but the schedule was simply too much. The garden, the children, and the housekeeping also demanding her time and presence. Soon enough, she gave it up, and the family learned to get by on less.

The family moved out to the country to live on a farm, the way Ruth had been raised. Life was peaceful away from town. Ruth was never one to rush around from one crowd to another. She preferred the obscurity she could find in the fields and wide horizons and the nobility of rising early every morning to slip into the rhythm of work. Sunshine and chores, after all, were good for children.

Leaving the Stains of Sin Behind

Jesus came into Ruth's life not as a fiery conversion but slowly and quietly, much like everything else did. She was in her thirties then and living on

the farm. All it took was a neighbor with three kids of her own who started offering to take Ruth's children to church with her every Sunday. That was alright with Ruth; she had no reason to say no. After a little while, she began attending services, too, and then her husband joined.

Just like that, all six of them were saved: convicted of their sins, repentant, and forgiven, then dunked in the creek just west of the church so everyone would know they were different now.

Ruth Moles was an entirely new woman. Finally healthy for the first time in her life, she committed herself to her small country church and to Jesus. With time, her husband became a deacon, and they kept making the seven-mile drive out to their original church even after they moved into Adrian.

The world around them was changing, but they tried to keep their lives much the same. Hard work and housework, dinner time prayer, children who grew into their own distinct callings. Eventually, they became members at First Baptist Adrian on Main Street. They were there when the new Missouri Baptist Children's Home opened in Peculiar, and they heard about Baptist Homes through the church.

Ruth always felt that God took good care of her. Even when she had to move houses, she knew that His presence and His promises were still her home.

Happily at Home in Adrian

Before she knew it, Ruth was a senior with more grandchildren than she could count. She lost her husband in 2012, and it was strange to watch her children get older and develop health problems of their own.

Now she is 95 and grateful to be at Baptist Homes of Adrian. She has lived in other residential facilities before making it here, but she loves being closer to her original home, since she can still go to services at First Baptist.

Ruth recommends coming to Baptist Homes if you're no longer able to live alone. "It's real nice and cozy. The food is good, and they're good to me," she said. Ruth then joked, "It's kind of nice after 95 years to have my meals brought to me."

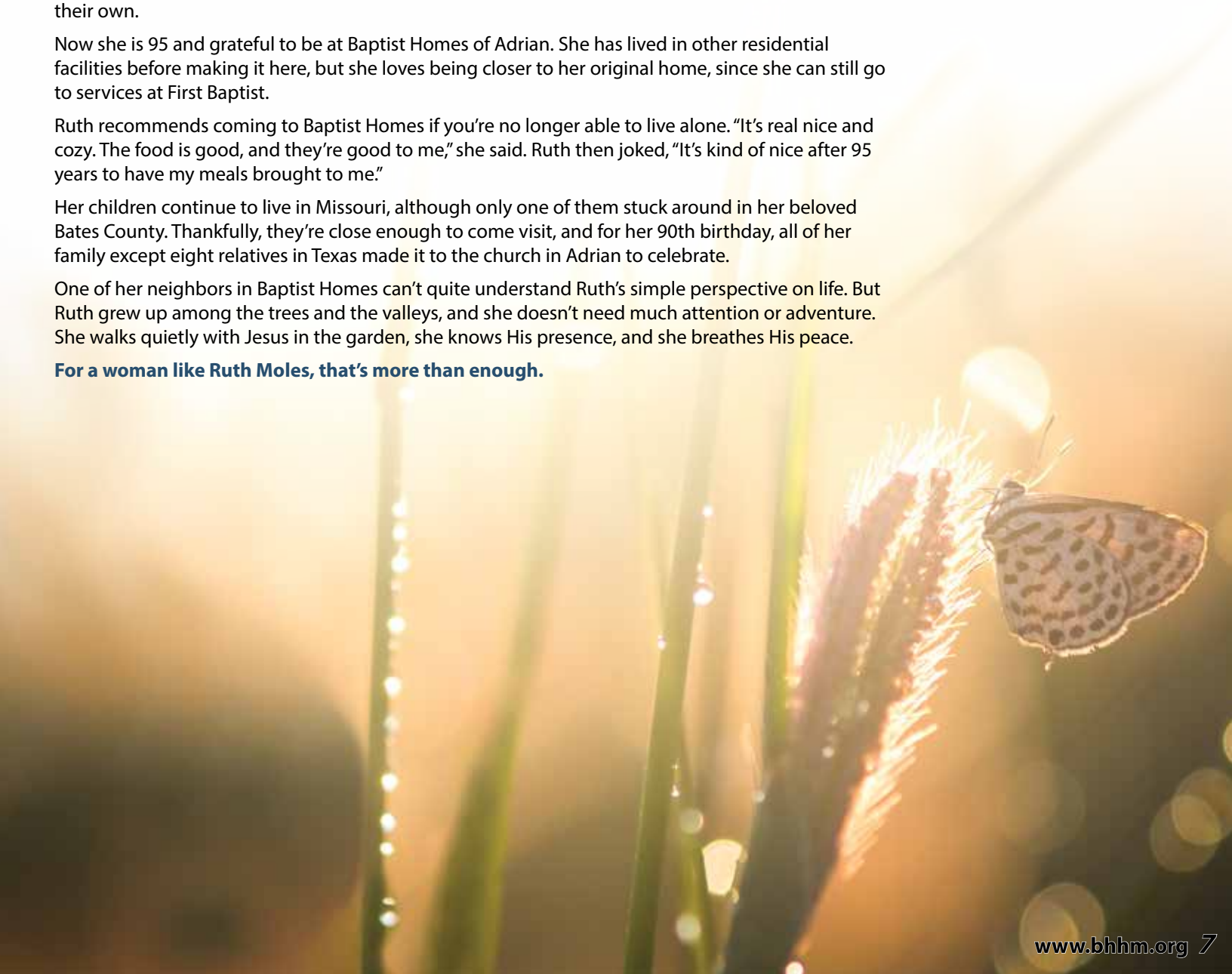
Her children continue to live in Missouri, although only one of them stuck around in her beloved Bates County. Thankfully, they're close enough to come visit, and for her 90th birthday, all of her family except eight relatives in Texas made it to the church in Adrian to celebrate.

One of her neighbors in Baptist Homes can't quite understand Ruth's simple perspective on life. But Ruth grew up among the trees and the valleys, and she doesn't need much attention or adventure. She walks quietly with Jesus in the garden, she knows His presence, and she breathes His peace.

For a woman like Ruth Moles, that's more than enough.

"It's kind of nice after 95 years to have my meals brought to me."

- Ruth Moles



Voice for the Aging

Caring for the Caregiver

BAPTIST HOMES HEALTHCARE Ministries

Be an Effective Caregiver

Take Care of Yourself First

- Know your Caregiver's Bill of Rights (www.caregiver.org)
- Eat well, exercise, rest, avoid personal pitfalls
- Balance your schedule
- Maintain a social life

Don't Help Too Much

- Goal- Empower the care recipient

Don't Do It Alone

- Involve family members
- Use community resources
- Use respite services
- Join a support group
- Educate yourself on recipient's condition
- Seek spiritual support

Caring for a Caregiver

◆ *Learn about the needs of the caregiver and care recipient's condition.*

Provide Caregiver with Emotional Support

- Visit regularly and often
- Be an empathetic listener
- Be agood conversationalist - include topics other than the care recipient's condition and caregiver's concerns
- Volunteer to do (or arrange for) respite care
- Invite or arrange caregiver social outings
- Help connect them with a caregiver's support group
- Remember the caregiver on their birthday or other special days

Provide Caregiver with Spiritual Support

- Pray with and for the caregiver and care recipient
- Share an inspirational reading or read Scripture with caregiver

Provide Caregiver with Physical Support

- Prepare a meal (pay for Meals on Wheels or delivery from church fellowship meals)
- Lawn service
- Auto care - washing, oil change, inspections, licenses
- Help with house cleaning/minor repairs
- Go shopping or run errands
- Provide transportation

Christmas is coming!

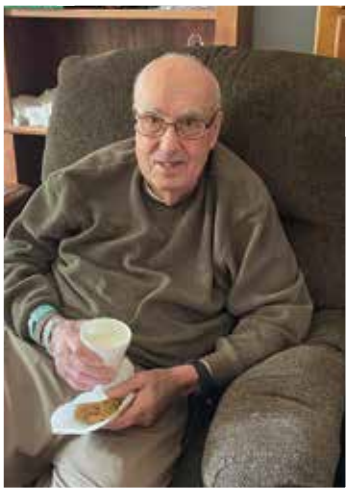
A gift of $50 provides one resident a Christmas gift from their personal Christmas wish list.

Project Wishlist

Make checks payable to: The Baptist Homes,
PO Box 390, Jefferson City,MO 65102.
Write “Project Wish List” in the memo line.
Or give online at:
www.bhhm.org/projectwishlist

CAMPUS

LIFE



Follow us on Facebook for weekly campus photos! www.facebook.com/thebaptisthome

A Sign **From God**

People often quip about wanting a "sign from God" before they will change. Recently, a vendor at the Ozark campus came to faith in Christ after viewing a Bible verse scrolling on a video kiosk at the campus. This gentleman, like so many who visit our Baptist Homes campuses, immediately experienced an environment that was different from other senior communities.

At Baptist Homes, one does not need to go far to see that our commitment to being a distinctly Christian ministry goes beyond having Baptist in our name. Being unapologetically Christian and unashamedly Baptist is reflected in our daily activities. Morning staff meetings begin in prayer. Campus pastors visit each resident each week. Daily soulcare activities such as Bible study, mission projects, prayer meetings, and weekly worship provide residents and neighbors with ample opportunities to grow spiritually.

The spiritual health of each campus begins with Licensed Nursing Home Administrators who are committed Christians and active in their local churches. Our campus pastors are men of God committed to the Baptist Faith & Message 2000. Most are graduates of our Baptist universities and seminaries and many have advanced training in Clinical Pastoral Education (CPE).

The Baptist Homes difference may serve as a "sign" to those who are wondering if residential care is a viable option. While aging at home (also called "aging in place") is growing in popularity, the social isolation it causes can be detrimental. Addressing the challenges of one's activities of daily living and medication management can be overwhelming. My wife, Julie, spent the past several months caring for her aging parents in Minnesota, both of whom have since passed. One of her reflections was, "dying at home was not such a good idea."

It is important for families to consider the various options when talking to their healthcare professionals. If the time comes that you or a loved one would benefit from independent living, assisted living, or nursing care, consider not just the amenities; look at the opportunities to continue to grow in Christ.

Here are five questions many fail to consider when exploring senior care options:

- Will my church be a part of my care plan?
- Is prayer a part of the community culture?
- Is there a campus pastor or chaplain available?
- Can I start or participate in Bible studies and prayer groups?
- Are there volunteer or ministry opportunities for my church in this community?

Baptist Homes is one of many providers of quality senior care. However, I hope this article points to some of the Baptist Homes distinctives that set this ministry apart as a provider of Christlike, compassionate care at each of our nine locations.

Dr. Rodney Harrison, President & CEO

Our Promise

At Baptist Homes & Healthcare Ministries, we address the challenges of growing older by providing Christlike care that pleases God, minimizes fear, and maximizes peace of mind for you and your loved ones.

Healthcare Heroes

WOW!

Arcadia Valley Campus

Sonny Campbell, Maintenance

Sonny Campbell is known for his constant smile and uplifting attitude. He goes above and beyond to help his fellow team members and resident-neighbors, often pausing his own work to help others in need. Sonny even put himself through electrician school and HVAC school; these new skills have strengthened his service to our residents and the BHHM ministry as a whole. He exemplifies our goal of providing Christ-centered compassionate care. Thank you, Sonny!

Tri-County Campus

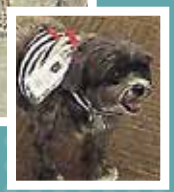
Doris Atkinson, Housekeeping

The campus residents at Tri-County took a vote and have elected Doris Atkinson for this quarter's Healthcare Hero. Not only does she provide excellent care and service throughout the normal course of her work, she exhibits a true heart of ministry. Doris is very conscientious of the needs of our residents and staff, consistently putting the needs of others before her own. Thank you Doris, and congratulations!

Independence Campus

Michael Arroyo, Business Office Manager

When Michael Arroyo assumed his position as campus Business Office Manager, he surely had no idea he'd be required to help every resident and their families navigate the switch from "traditional" cable television to Roku TV's and apps over Wifi. This is difficult enough to do for one's self, but Michael has taken on the tedious technical work and the distractions of in-person support and family phone calls for the entire campus. Thank you Michael, for making this transition possible.



Ozark Campus

Donna Boulia and her retired Therapy Dog, Ennis

Donna Boulia and her retired therapy dog, Ennis, can most often be found in the Willow Creek area of the Ozark campus. Both Donna and Ennis share a fierce love for their residents, and the residents love them back! For Ennis the pup, that results in lots of petting, scratching, and belly rubs. We are so happy to have both of them as part of our Baptist Homes Ozark family! Thank you Donna and Ennis!

Chillicothe Campus

Melody Munson, Business Office Manager

Over the past two years of her employment with BHHM, Melody Munson has proven herself to be "one of the most organized individuals you will ever meet"! Melody is always busy in her office, but she's never too busy to stop and speak with a resident, family member, or guest. She is known for her compassion and dedication, and staff know that she is there to help when they have questions. Thank you Melody!

Voice for the Aging

Dementia

BAPTIST HOMES HEALTHCARE Ministries

What is Dementia?

Dementia is a decline in mental function that is irreversible. In its earliest form, it can be detected by forgetfulness that goes beyond what is expected from aging.

Types of Dementia

- **Alzheimer's Disease**
- **Vascular Dementia**
- **Lewy Bodies Dementia**
- **Parkinson's Disease**
- **Mixed Dementia**
- **Frontotemporal Dementia**
- **Huntington's Disease**

Ten Communication Tips

- Set a positive mood for interaction.
- Get the person's attention.
- State your message clearly.
- Ask simple, answerable questions.
- Break down activities into a series of steps.
- Listen with your ears, eyes, and heart.
- When the going gets tough, distract and redirect.
- Remember the good old days.
- Maintain your sense of humor.

Dementia Behavioral Issues

- Aggression & anger
- Anxiety & agitation
- Depression
- Hallucinations
- Memory loss & confusion
- Repetition
- Sleep issues & sundowning
- Suspicions & delusions
- Wandering

Suitable Activities for Dementia

Exercising: walking is especially helpful

Reminiscing: Memory Box - items to illicit memories from the past

Simple Activities: word search games, puzzles, etc.

Music: listening & singing

Communal Activities: worship, coffee, etc.

Baptist Homes *Deer Hunt*

*In 2022, Baptist Homes held their first three Deer Hunts in partnership with the National Deer Association to give residents at the Ozark, Arcadia Valley, and Ashland campuses an opportunity to do something they had never done before - go deer hunting. These events were such a success that four **(Ozark, Arcadia Valley, Tri-County, Ashland)** have been planned for this upcoming hunting season. In addition, the National Rifle Association has donated muzzle loaders, crossbows, and deer blinds to ensure that these events can continue on our campuses.*

This is a rewarding event for residents, staff, and volunteers as everyone has the opportunity to learn about healthy conservation of Missouri deer herds and spend time in nature enjoying God's beauty while learning new skills. If you are interested in learning more or volunteering, please contact Spencer Hutson, shutson@bhhm.org, (573) 556-0338 or visit www.bhhm.org/events.

Missouri Department of Conservation

Read coverage of the 2022 Baptist Homes Deer Hunt in the August, 2023 issue of the *Missouri Conservationist*. Visit www.bhhm.org/events for the link.

Upcoming Events

Ozark Golf Tournament

September 22, 2023

Rivercut Golf Course, Springfield, MO

(Four-Person scramble)
Church Team - $300
Corporate Team - $400
Register by: Sept. 15

Ozark Sporting Clay Tournament

October 14, 2023

Ozark Shooters, Walnut Shade, MO

For more information:

BHHM Community Engagement
desk@bhhm.org | 866.454.2709
www.bhhm.org/events

OR

Nick Davis
ndavis@bhhm.org | 573.822.4319

March 15-25, 2024
$4,490 per person

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BAPTIST HOMES HEALTHCARE Ministries

For registration and information:
Susan Braams
sbraams@bhhm.org
(573) 556-0338
www.bhhm.org/events

Estate Planning as a **Benediction**

William Henry Seward, U.S. Secretary of State, and architect of the Alaska Purchase, was asked if he had any final words before his death. He replied, "Nothing, only 'love one another'."

Michael Landon was an American actor, writer, director, and producer. He is best remembered for his roles as Little Joe Cartwright in *Bonanza*, Charles Ingalls in *Little House on the Prairie,* and Jonathan Smith in *Highway to Heaven*. Landon died of cancer in 1991. With his family gathered around his bed, his son passed along a loving, reassuring permission to his father that if it was time to move on, it was okay. It was recorded that Landon's last words were, "You're right. It's time. I love you all."

Last words can have an impact at the end of life.

In worship, the benediction consists of last words pronounced to send worshippers out with God's blessings and guidance. Benedictions can be powerful ways of bringing worship of the Lord to crescendo with encouragement, hope, and a charge to go forth and make a difference in the name of Jesus Christ.

Estate planning can be our last words to family, friends and trusted ministries and charities. Proper estate planning is a way of passing a blessing and a charge, using the assets and resources that the Lord has blessed us with. It is a way of making an impact at the end of life.

The most successful way of developing an estate plan is with the assistance of an attorney or qualified estate-planning professional. Trusted, knowledgeable people with expertise in estate planning can hear people's wishes and partner with them to develop plans that bless and commission beneficiaries.

A will is a simple legal document that directs how to distribute property to beneficiaries after death. A trust is a more complex legal arrangement that allows one to transfer ownership of property to beneficiaries at any time determined by the creator of the trust. Both are strategic ways to prevent disputes among family members or other beneficiaries.

Through a will, a person will assign an executor to carry out the plans made on the distributions of one's assets. With a trust, a trustee is assigned the responsibility for the assets in the account on behalf of the beneficiaries. The executor of a will and trustee of a living trust should be a trusted family member or friend. It can also be a corporate trust officer at a bank or other qualified financial organization. Baptist Homes works closely with the Missouri Baptist Foundation (MBF) in estate planning. The MBF has the expertise and experience to serve as a corporate trustee with the skills, knowledge, and missional purpose to carry out the required fiduciary responsibility. The MBF recognizes the sacred responsibility it is to be named to serve as a successor trustee and will maintain loyalty to the Grantor and one's beneficiaries.

There are various strategies using a will and/or trust. An estate planning attorney will listen to what you wish to accomplish and guide you in ways that best suit you and your beneficiaries.

Composer Giacomo Puccini wrote many famous operas. In 1922, he was suddenly stricken by cancer while working on his final opera, *Turandot*, which many consider to be his best. Puccini said to his students, "If I don't finish *Turandot*, I want you to finish it for me." Shortly afterwards, he died. Puccini's students followed his instruction and completed it.

In 1926, the world premiere of *Turandot* was performed in Milan, Italy with Puccini's favorite student, Arturo Toscanini, directing. Everything went beautifully until the opera reached the point where Puccini had been forced to put down his pen because of his illness. Tears ran down Toscanini's face as he stopped the music, put down his baton, turned to the audience, and said, "Thus far the Master wrote, but he died." Silence filled the opera house. Then Toscanini picked up the baton again, smiled through his tears and exclaimed, "But his disciples finished his work." When *Turandot* ended, the audience broke into thunderous applause.[1]

Estate planning is an act of Christian stewardship. It is a form of benediction - final words - that allows you to pass along a blessing and charge to those you love and respect. There may be no greater return blessing than to be the one to finish the work of a beneficiary that has been entrusted with one's gifts.

If you would like to have a confidential, private conversation about estate planning, please contact Baptist Homes. Dr. Ron Mackey and Nick Davis are experienced estate-planning professionals that can and would enjoy the opportunity to assist you. Ron may be reached at rdmackey@bhhm.org and Nick at ndavis@bhhm.org, or call them at 573-546-2709.

[1]Rosemary Brown, "Hide and Seek", Day 1, Monroe Street/Jordania United Methodist Church, July 1, 2001, https://day1.org/weekly-broadcast/5d9b820ef71918cdf20024b0/hide_and_seek

Nick Davis, Director of Advancement

Superhero Sue

This is Superhero Sue: cape tied on tight, she cruises effortlessly around the cones searching for any Millennials in distress who need a dynamic rescue.

Okay, okay—maybe we exaggerate. Sue is really testing her agility on the "driving" course during our Superhero Training Camp at Baptist Homes of Ozark. We had to! It was National Superhero Day, and the more life stories we hear from our residents, the more convinced we are that none of them are ordinary mortals. Curious about how much they're capable of, we tested their abilities and determined what each resident's unique superpower is.

Like Sue here: absolutely unstoppable behind the wheel. Evil doesn't stand a chance on these streets, because Superhero Sue is quick on her feet and relentless in standing up to the enemy. If you're up to something, you'd better run!

Keeping Things In Order

There's an order to things—that's what Marilyn believes. Every time we play Wheel of Fortune at Baptist Homes of Ozark, Marilyn stays behind to alphabetize the letters for next time.

Vanna White herself couldn't take better care of the details. God designed the universe to abide by structure, rhythms, and rules, all of nature functioning right on cue like a math equation, like a symphony. And Marilyn is right there in the middle of the music, straightening the chaos back to metered beauty so the song can go on, verse after verse.

Church Spotlight

Thank you to all of the organizations, churches, and volunteers that visit and minister to our residents and staff. Below we have spotlighted just a few of the churches that have joined us in collaborative ministry to Baptist Homes.

The Gathering Baptist Church

- Adopted the Independence campus as one of their local mission partners
- Have helped lead chapel services
- Provided Easter baskets for every resident
- Provided meals and goodies for the staff
- Helped with beatification of the courtyard at the Independence campus

Connection Point Church of Raytown

- Women on Mission serve residents every 3rd Tuesday by providing crafts, Bible stories and good conversation.

First Baptist Blue Springs

- Provided meals and gifts for staff members

Selmore Baptist

- Made blankets and clothing protectors for our residents

Ozark First Baptist

- Spent two days volunteering on campus - power washing, landscaping, painting, etc.

Thank You Churches

Campus Updates

ADRIAN CAMPUS

We're hiring! All positions have been listed on Indeed.com, and we've asked area churches to share the openings with their congregations. Kelly Locke has been hired as our director of nursing, and Sinda Rieff is our newest independent living staffer. The majority of our renovations are complete, with only a few key details remaining. We're pleased to share that we currently have eight individuals living with us! Please pray for a smooth transition as we prepare to open. Pray for the wonderful people who will join this family, and that the love of Jesus is felt by all who enter our doors.

ARCADIA VALLEY CAMPUS

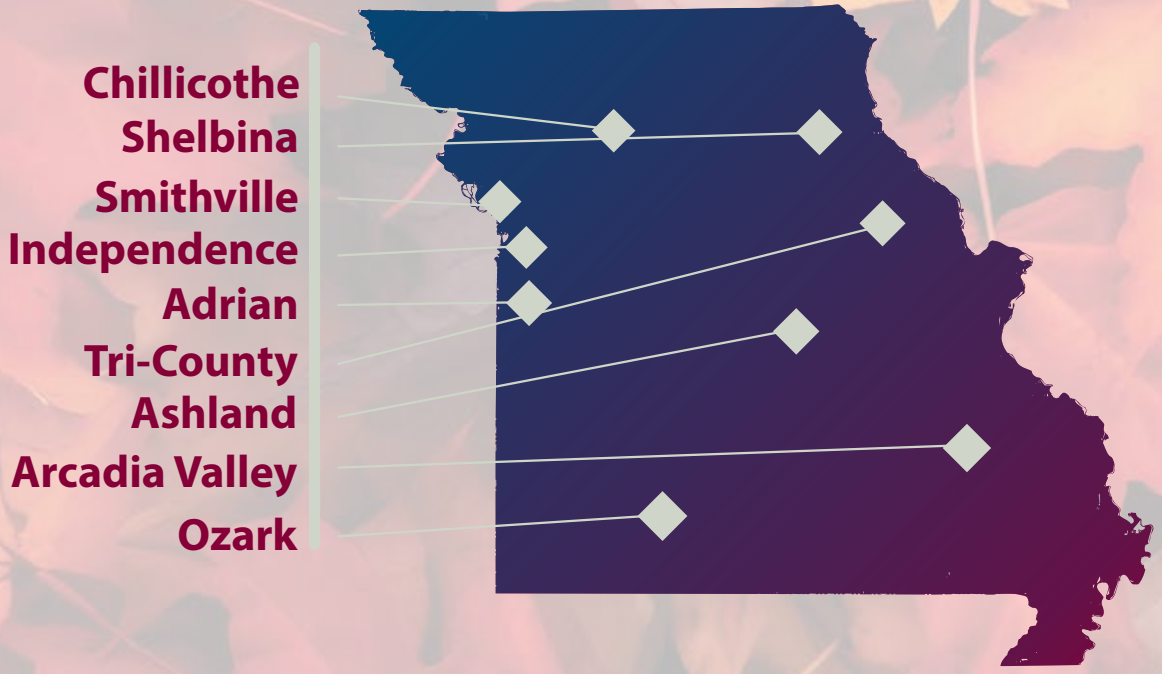
We were recently blessed by 42 very helpful volunteers from the Meramec Baptist Association. The crew painted rooms and built benches, picnic tables, and elevated flower beds and garden plots. They cut out brush and cleaned up fence rows and then helped residents plant new flowers and veggies in the elevated planters. The volunteers also hosted activities, Bible studies, a church service, and a big picnic down by the lake. It was a very special and helpful time and we are deeply grateful! Our facilities team has been busy at work too; remodeling public and bathing spaces, converting multiple floors of the original Riggs-Scott building into independent living apartments, and turning pairs of rooms into two-room suites. Administratively, we're working toward official Medicaid approval so we can better serve more senior adults in Southeast Missouri.

Campus residents participated in dozens of other fun summer activities, visited state parks, celebrated every imaginable iteration of "National Cookie Day", and capped it all off with a Senior Adult VBS taught by area pastors.

Finally, we'll be celebrating the 100-year anniversary of the Riggs-Scott building on October 28 with a big Fall Festival and Craft Show. (see pg. 20 for full details.)

ASHLAND CAMPUS

In addition to weekly Bible study, twice-weekly games of Farkle, and monthly worship services, our Ashland residents celebrated Independence Day with a BBQ and yard games. In August, we hosted local musician Shannon Cerneka (Fulton, MO) for a concert. There has been a lot of dirt-moving-type work at the construction site. Hopefully soon, there will be a concrete pad and framing and we expect to have more exciting information to share in the next issue.



CHILLICOTHE CAMPUS

Assisted living and independent living residents enjoyed a July 4th picnic in the gazebo. Musical group Grace Upon Grace also came in July and entertained the group.

Rooms are being repainted, lighting is being updated, and new carpet has been ordered to be installed this fall. A mission team is scheduled for this September to help build refrigerator cabinets for resident rooms. The campus is being updated and refreshed in preparation for the conversion to assisted living; we're waiting on an official government approval hearing in September.

Upcoming events include a trip to "The Wall That Heals", a Vietnam Memorial replica which is coming to Chillicothe, and a trip to the Cultural Corner for an art exhibit and presentation.

INDEPENDENCE CAMPUS

Twenty-two students from LeaderTreks, a Chicago area youth ministry, came on-mission to assist with lawn care, flower bed cleanup, and to participate in activities with the residents. Additionally, KC Mowing is helping us get our lawn sprinklers back up and running, and campus staff have been busy rebuilding an outside storage shed damaged by a falling tree, and removing three more trees. Finally, two rooftop air conditioning units are being replaced, and we're on our third large dumpster removing old beds and other construction/renovation debris. We are grateful for all of these wonderful reminders of the exciting work happening on campus!

OZARK CAMPUS

Volunteers from FBC Ozark spent two days on campus assisting our maintenance team with various projects. Flooring has been replaced free-of-charge in the main dining room, since the previous flooring was not adhering properly. At the independent living homes, updates to paint, flooring, and equipment are being performed when made possible by vacancy. Certified Nurse Assistant (CNA) classes are now being offered on campus, and we have begun hiring Nurse Assistants in-training. Bradley Maxey was hired as our new Activity Director, and Amanda Keltner, our previous AD, has moved to the role of campus Social Worker. Finally, we recently completed our first-ever Vacation Bible School, with 72 registered and almost 40 with perfect attendance for the three-day event. (See the August 8 issue of MBC's *The Pathway*.)

SMITHVILLE CAMPUS

The west side of our building has received extensive attention; new plumbing fixtures and sprinkler heads have been installed, and painting and electrical work has been completed. Two rooms have been staged and are ready as an example for visiting guests. On the east side, flooring has begun and the painting is ongoing. Landscaping on the front of campus is now complete and the chapel has all-new floors and is being prepped for painting.

This is and has been a massive undertaking. We deeply appreciate our supporters for their prayers and donations.

TRI-COUNTY & SHELBINA CAMPUSES

Baptist Homes of Tri-County has seen a flurry of activity as many aspects of the facility are being refreshed. This is especially true of the memory care area which will provide ministry to those dealing with cognitive decline. One of the next major areas of refreshment is the residential care facility where we will be installing new flooring and painting walls.

We are looking forward to a Transition Celebration in September that will coincide with the city of Vandalia's Prairie Days celebration.

Negotiations with the Board of Directors of the Salt River Care Center in Shelbina, MO are in the final stages as Baptist Homes & Healthcare Ministries will be entering into a one-year consultation agreement. During this process, BHHM will serve as a consultant for Salt River Care Center's Board of Directors and staff, with the goal of the eventual purchase of the facility by BHHM.

Riggs-Scott Building Celebrates 100 Years

Not many ministries or organizations survive for one hundred plus years and even fewer buildings last that long. The Riggs-Scott building on the Arcadia Valley campus of Baptist Homes & Healthcare Ministries will mark one hundred years on October 31, 2023 – a milestone of architectural achievement and an incredible testimony to the providential favor of our Lord & Savior!

The Riggs-Scott building is an architectural masterpiece, "The blueprints called for a magnificent building of Greek Revival design, a fire-proof, five story building… the planned structure offered every guiding principle known to architecture – space, light, comfort, strength, durability, beauty and grace." (*The Story of the Baptist Home* by Ira Ann Hawkins, p. 59) The projected cost was $200,000 and the building was completed under budget for $180,000.

Dr. Riggs' words best describe the process and purpose of the construction of this home for so many; *"It's going to take a lot of things to build the new house. Some building material is physical and some is spiritual. Here are some of the things required: bricks, brains and brawn; boards, bills and bonds; beams, business and bravery; cement, conviction and confidence; concrete, consecration and cash; copper, cooperation and coin; doors, doers and dough; frames, friends and faith; granite, grace and gumption; gravel, grit and grip; hardware, heart and hope; marble, might and money; mortar, mortals and martyrdom; nails, nerve and nickels; paint, patience and perseverance; plaster, push and prayer; piping, pleading and paying; sand' savings and snap; slate, sacrifice and silver; steel, stick and struggle; tin, time and trouble; tiling, tithing and trusting; timbers, toil and tears; wood, wisdom and will."*

As we gather to remember and celebrate not just a building but a century's worth of caring for the aging in a Christlike manner. Remember this ministry is far more than material, far more than just an idea, but a passionate calling governed by a tenacious will.

How to Become a Resident

What you need to know

STEP 1: Complete an Application

The first step in applying for residency at one of the Baptist Homes is to complete and submit a short application. Upon receipt, your administrator will review the application, request additional information, if necessary, and contact you confirming that your application is being processed. Apply for residency at www.bhhm.org/resident-application.

STEP 2: Meet with a campus administrator

Your application will be reviewed by the campus administrator. A short interview will be required to assess if the Baptist Homes are able to provide for the applicant's welfare and medical needs. A review of finances will also be required if the applicant needs financial assistance. Very few applicants are ever denied admission to the Homes for inability to provide care or because of limited financial resources. Applications that fall outside of normal admission guidelines must be reviewed by the Executive Committee of the Baptist Homes.

STEP 3: Begin your lifecare journey

Once your application has been reviewed and approved, we will assist you with the move-in process. We understand this move may be difficult. It is our greatest desire to provide assistance every step of the way and make the process as stress-free as possible.

Final Prep: Necessary Documents

When entering one of our Homes, you will need to sign a resident agreement and complete an Advance Health Care Directive. We also encourage you to have a legal estate aging plan in place. A legal estate and aging plan defines contact persons and responsible parties and may be comprised of a Durable Power of Attorney for financial health decisions, a will and/or a trust. You can develop these documents with your own advisors, or the Baptist Homes' staff can assist you.

Learn More: Understanding Costs

Each level of care (dependent upon the campus) has an established rate which provides stability for the resident, family and budget. The Baptist Homes understand that being able to forecast and budget the costs of care is vital to financial stability for the resident and/or family.

Making the Right Choice for You

The Baptist Homes want you to make the right choice when choosing a facility and level of care.

For assistance, contact the Baptist Homes at (866) 454-2709 or visit www.bhhm.org/media-resources for a form to guide you through the process.

Stay **Connected**

Facebook: www.facebook.com/thebaptisthome

YouTube: www.youtube.com/thebaptisthome1

Newsletter: www.bhhm.org/my-home-magazine

Email: desk@bhhm.org

Website: www.bhhm.org

Phone: (800) 736-6227

How can I give?

You can send us a check or money order made payable to **"The Baptist Home."** Please let us know if you want your gift used for a specific purpose by indicating that purpose either in the memo line or in a letter to us. Visit www.bhhm.org/give to give online.

What is the benevolent program?

The Homes provide nearly $2 million each year in financial assistance to residents in licensed long-term care who can no longer pay the full cost of their care. Licensed long term care includes Residential Care and Intermediate Care. Conservative stewardship and planning enable the Baptist homes to provide continuing support for financially-assisted residents. Our benevolent support is a part of an overall effort to assist our residents in attaining all financial support for which they are qualified. Your undesignated gifts help the Homes continue its long heritage of financially supplementing care to residents regardless of their financial situation. In accordance with Baptist Homes policy, there is no distinction between the care and attention provided to private pay residents and to those receiving financial assistance.

Is my donation tax deductible?

All gifts are tax deductible. Please make checks payable to The Baptist Home. The Baptist Home is a 501 (c)3, not-for-profit organization.

How can I learn more about making a donation?

Phone: 866.454.2709
Email: desk@bhhm.org
Web: www.bhhm.org/give

It is through all gifts, both large and small, that we are able to continue our ministry to the aging. Thank you for your ongoing gifts of time, talents, and resources which are so vital to the continued success of this dynamic and authentic ministry.

Honorariums & Memorials

IN HONOR OF:

Frank Fain by Miss Becky Dowell, Blue Springs.
Julie Harrison by Andy and Susan Braams, Ashland.
Eloise Jennings by Mrs. Glenda Dillon, Farmington.
Ruth Ann Short by Ms. Martha Hall, Jackson, TN.

IN MEMORY OF:

Doris Arms by Michael Wehner, Festus; Willis Gunder, Thomas Stanfield, Farmington; Wesley and Shelby Alkire, St. Louis.
Clyde Beck by Mr. and Mrs. Paul Graf, Warrenton.
Norma Beck by Mr. and Mrs. Paul Graf, Warrenton.
Norma Beckemeier by Ms. Reta McDonald, Jefferson City.
Carolyn Best by Grace Hull, Jackson, MS.
Julia Black by Mr. Kenneth White, Bowling Green.
Gary Brown by Dolores Sutterfield, Salem.
Kathryn Byington by Mr. Richard Byington, Bonne Terre.
June DePaul by Ms. Reba Young, St. Louis.
Don Drake by Beth Drake, Seneca.
Ronald Dugal by Mrs. Shirley Dugal, Bonne Terre.
Rondal Fisher by Mrs. Ann Fisher, Ozark.
Emma Funk by Mrs. Caroline Funk, Liberty.
Hazel Funk by Mrs. Caroline Funk, Liberty.
Leo Funk by Mrs. Caroline Funk, Liberty.
Harlie Gallatin by Mrs. Nancy Gallatin, Bolivar.
Mary Green by Mr. and Mrs. Arvel Green, Millersville.
Vernon Green by Mr. and Mrs. Arvel Green, Millersville.
Larry Guinn by Leidra Stunkel, Fair Play.
Charles Hensley by Jim and Glenna Rhodes, St. Louis.
Nina Hensley by Jim and Glenna Rhodes, St. Louis.
Harvey Hill by Christine Hill, Fordland.
Don Hinkle by Cecelia Pratt, White House, TN.
Deloris Howard by Darrell and Lynn Sharick, Arnold.
Jacquelyn Huffman by Mrs. Ruth Ann Short, Mrs. Jane Johnson, Rev. Keith Huffman, Ironton.
Erna Jackson by Ms. Sue Vinyard, High Ridge.
Arlene Jackson by First Baptist Church, Farmington.
Doris Lambert by Steven and Ruth Thorn, St. Peters.
Bonny Langston by Ms. Eva Hammons, Springfield.
Vernon Long by Mrs. Ruth Ann Short, Ironton.
John Mackey by Ronald Mackey, Arcadia.
Oma Mackey by Ronald Mackey, Arcadia.
Mildred Mathews by Mr. And Mrs. Robert Tipp, Florissant.
Debbie Miller by Mr. and Mrs. Wood Miller, Jefferson City.
Joseph Miller by Joe Miller, Annapolis.
Frank Nixon by Mrs. Ruby Ward, Owensville.
Opel Nixon by Mrs. Ruby Ward, Owensville.
Nola Pattengill by Joyce McCullough, Cape Girardeau; Rhonda Wallis, Millersville.
Betty Phillips by Dr. and Mrs. Kenneth Chatlos, Liberty.
William Pickney by Dr. and Mrs. Wade Paris, Ozark.
Nina Ray by Mr. and Mrs. Donald Clerc, Affton.
Wanda Russell by Don and Nancy Ross, St. Louis.
Barbara Sellers by W.G. Sellers, Independence.
Margaret Stroder by Jim and Glenna Rhodes, St. Louis.
Ruth Whisenand by Mr. Robert Whisenand, Higbee.
Edna Wilkinson by Thomas Hutson, St. Charles; Mr. and Mrs. Gary Umfleet, Palm Coast, FL.
Melvin Wilkinson by Thomas Hutson, St. Charles; Mr. and Mrs. Gary Umfleet, Palm Coast, FL.
James Williams by Mr. Jack Williams, Ironton.
Orval Witt by Dr. and Mrs. Wade Paris, Ozark.
Mark Yount by Ms. Melody Yount, St. Louis.
Ruby Zumalt by Mr. James Zumalt, Chesterfield.

Honorariums and memorials received May 1, 2023 - July 12, 2023

Happy Anniversary TO OUR RESIDENTS

ADRIAN CAMPUS
NONE

ASHLAND CAMPUS
NONE

ARCADIA VALLEY CAMPUS

OCTOBER	NOVEMBER	DECEMBER
TOTAL: 0	*TOTAL: 0*	*TOTAL: 1**

CHILLICOTHE CAMPUS

OCTOBER	NOVEMBER	DECEMBER
TOTAL: 0	Jerry & Rebecca (IL)	*TOTAL: 0*
	*TOTAL: 2**	

INDEPENDENCE CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Paul & Dianne	*TOTAL: 0*	Victor & Arlene
TOTAL: 1		Bruce & Shirley**
		*TOTAL: 2**

OZARK CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Wesley & Betty (IL)	Carl & Evelyn (IL)	Allan & Carolyn (IL)
*TOTAL: 2**	James & Sharon (IL)	Phillip & Beatrice (IL)
	TOTAL: 0	*TOTAL: 2*

TRI-COUNTY CAMPUS

OCTOBER	NOVEMBER	DECEMBER
John & Linda	*TOTAL: 0*	Fred** & Theressa
Leon** & Marianne		Delmar** & Darlene
TOTAL: 2		*TOTAL: 3**

*KEY: (IL) INDEPENDENT LIVING | **NOT A BAPTIST HOMES RESIDENT*
**SOME RESIDENTS HAVE ASKED TO NOT HAVE THEIR NAME LISTED*

Happy Birthday
TO OUR RESIDENTS

ADRIAN CAMPUS

OCTOBER	NOVEMBER	DECEMBER
LEN (IL)	*TOTAL: 0*	ETHA (IL)
TOTAL: 1		*TOTAL: 1*

ARCADIA VALLEY CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Debra	Joyce	Rita
Joyce	Dennis	Donna
Edward	*TOTAL: 5**	*TOTAL: 3**
Ruth Ann		
Judy		
Mary Ann (IL)		
TOTAL: 6		

ASHLAND CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Wanda (IL)	Gloria (IL)	*TOTAL: 0*
Carolyn (IL)	*TOTAL: 1*	
Sonya (IL)		
TOTAL: 3		

CHILLICOTHE CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Helen	Betty Ann (IL)	*TOTAL: 1**
Gary (IL)	*TOTAL: 1*	
Louise (IL)		
*TOTAL: 5**		

INDEPENDENCE CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Joyce	Pete	Dorothy
Mary	Cathrine	Carl
Phyllis (RC)	Paul	Beth
TOTAL: 3	Louise (RC)	*TOTAL: 5**
	*TOTAL: 5**	

OZARK CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Sue	Juanita	Robert (IL)
Velma	Joyce	Patsy (IL)
Peggy	Susan	*TOTAL: 6**
Richard (IL)	Harold	
Phillip (IL)	William	
*TOTAL: 10**	Betty (IL)	
	Wesley (IL)	
	Jerry (IL)	
	Phillip (IL)	
	Nora (IL)	
	Tibby (IL)	
	*TOTAL: 14**	

TRI-COUNTY CAMPUS

OCTOBER	NOVEMBER	DECEMBER
Bob	Peggy	Terry
Michael	Lillian	Margaret
Doris	*TOTAL: 2*	*TOTAL: 3**
Margaret		
*TOTAL: 5**		

KEY: (IL) INDEPENDENT LIVING | (RC) RESIDENTIAL CARE
**SOME RESIDENTS HAVE ASKED TO NOT HAVE THEIR NAME LISTED*

Summer 2023 || Volume 3, No. 3

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Jefferson City, MO 65102

Change Service Requested

Baptist Homes Contact Information

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Jefferson City, MO 65102
(573) 556-0338

Independence Campus
17451 Medical Center Pkwy
Independence, MO 64057
(816) 373-7795

Adrian Campus
402 W. 1st St.
Adrian, MO 64720
(816) 260-3033

Ozark Campus
1625 W. Garton Rd.
PO Box 1040
Ozark, MO 65721
(417) 581-2101

Arcadia Valley Campus
101 Riggs-Scott Ln.
PO Box 87
Ironton, MO 63650
(573) 546-7429

Smithville Campus
Coming in 2023
106 Hospital Dr.
Smithville, MO 64089
(816) 648-3629

Ashland Campus
5751 Baptist Home Ave.
Ashland, MO 65010
(573) 657-0506

Tri-County Campus
601 N. Galloway Rd.
Vandalia, MO 63382
(573) 594-6467

Chillicothe Campus
500 Baptist Home Ln.
Chillicothe, MO 64601
(660) 646-6219

Community Engagement
102 N. Main St.
Ironton, MO 63650
(866) 454-2709

WWW.BHHM.ORG

21 Volunteer Ideas

Becoming a volunteer at one of the resident campuses is simple. Contact the campus pastor at the campus you wish to volunteer. The campus pastor will know the needs of the campus and help you use your time and talents to bless Baptist Homes residents.

1. Become a Prayer Partner
2. Write encouraging letters or cards to residents
3. Share a unique hobby with residents (sewing, crochet, whittling, painting, sculpture, pottery)
4. Hairdresser, Barber, Beard, Ear trimmer
5. Volunteer to shop for residents
6. Assist in shopping trips and walk with them around the store
7. Provide nail care
8. Bingo Caller/Game leader
9. Exercise leader
10. Entertainment - comedy, juggling, clown, ventriloquist
11. Read books or short stories
12. Start a choir
13. Share music
14. Worship Service
15. Lunch/breakfast/Snack buddies- One-on-one opportunity to share life stories or common interests
16. A women's group/A men's group
17. Small-Group leader - share a devotion and prayer
18. Deliver water for residents, spend a little time talking
19. Assist residents in the dining room during mealtimes
20. Share your pet (puppies, kittens)
21. Historian - Share this day in history fact or interesting story