Summer 2021 Edition

My HOME

A Publication of Baptist Homes & Healthcare Ministries

Visitor Regulations Soften

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Baptist Homes: Inclusive Memory Care

Friends of the Homes: The Pridemores

Walking Through the Valley

BAPTIST HOMES
PROVIDING CHRISTLIKE CARE FOR THE AGING SINCE 1913
A MINISTRY OF THE MISSOURI BAPTIST CONVENTION

BAPTIST HOMES

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From the President's Desk

A View From 30,000 Feet

As president, I have the privilege and responsibility to point Baptist Homes & Healthcare Ministries to where we are going. This is the visionary aspect of leadership that I both love, and fear, because it often means going into the unknown. Baptist Homes founder, Dr. Milford Riggs, took a step of faith into the unknown when he opened a rented home to the first residents in 1913. A few years later, he led the way to what became the permanent facility that is now called the Riggs-Scott building of the Arcadia Valley campus. Current Baptist Homes resident Ed Goodwin was president when he led the effort which became the northwest campus in Chillicothe. A decade later, Larry Johnson carried the vision that became the Ozark campus, while Steve Jones acted upon the dream that is currently becoming the Ashland campus.

So, what do things look like at 30,000 feet? I envision a day when the hospice division of Baptist Homes & Healthcare Ministries provides end-of-life care to hundreds of Missouri Baptists and other believers as they approach the end of this earthly segment of their journey. I see Baptist Homes campuses birthed through acquisition rather than new construction. I see dynamic partnerships between Baptist Homes & Healthcare Ministries and MBC affiliated universities. These partnerships will become a pipeline for nurses, administrators and social workers. I envision dozens of bi-vocational pastors serving their local church and working part-time with Baptist Homes as hospice chaplains, nurses or other healthcare related careers.

As we dip a little closer to ground level—let's say 10,000 feet, I see affordable independent living apartments which provide seniors with a secure place to live, three great meals each day and access to additional services at a very affordable price. At this level, I also see new construction at both new and the existing campuses. Dipping a little closer to the ground, those new units look a lot like the new residential apartments in Ashland!

As you can tell, the view from 30,000 feet is exciting. At ground level, it's hard to see how we will get to where we are going. That is why I invited you to join me on this journey. To get to where we are going will take much prayer, planning and God's gracious provision. To that end, Baptist Homes will be partnering with the Missouri Baptist Children's Home and Missouri Baptist Foundation in an unprecedented campaign to support these initiatives. We are working with churches and individuals to secure locations for additional campuses and offices for hospice ministry. And, we are praying. Philippians 4:6 reminds us, "Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God." If you are like me, I tend to pray more when I'm at 30,000 feet. I hope you will join us in prayer as we seek to follow God in these coming years.

Rodney Harrison

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Visitor Restrictions Soften: Residents and Staff Rejoice

Front Cover: Mildred Kaye and daughter and son-in-law; Below: Miriam Stelplugh and family; Right: Lee and Arlene Borders and friends

After nearly one year of enduring visitor restrictions and campus lockdowns, Baptist Homes residents can once again receive in-room visits from family and friends following new guidance released by the Centers for Medicare & Medicaid Services (CMS) and the Centers for Disease Control and Prevention (CDC) on March 10, 2021.

The announcement of this updated guidance comes on the heels of news that millions of vaccinations have taken place across the country with COVID-19 cases continuing to drop in Missouri.

While not a full campus reopening, Baptist Homes are no longer limited to offering visits outside or inside in designated, partitioned areas. While outdoor visits are still the preferred method of visitation to prevent COVID-19 transmission, under the new guidance, **nursing home facilities can now allow indoor visitation for all residents regardless of vaccination status.**

At the Baptist Home-Arcadia Valley campus, Social Services Director Melinda Stevens strongly advocated receiving the COVID-19 vaccination and shared that for her, getting the vaccine was never about her, but about the residents she serves. She stated, "I have watched for a full year while this pandemic has gone on. The elderly suffered by being isolated to their rooms, wanting and asking to see their families. I have watched some die alone without family. Then, I have watched some families come in but having to wear PPE and not touching their loved ones. It would break your heart. If the elderly are required to take the vaccine to reopen, guess what I am going to do. I'm doing it for them, and not for me. It's not about me. It's about them…to be able to function normally again." Upon learning that the campus could partially reopen, Stevens was thrilled and said, "When the residents found out they could see their loved ones again, there was a glow in their eyes. A phone call or a card can not replace the smiles and the touch of family. Older people recognize the value of these things. It makes my heart warm and at peace knowing they can see their loved ones again."

Ozark Administrator Sonya Newton was nothing short of relieved when she heard the news that she could reopen her campus to visitors, even if on a limited basis. "Our residents desperately needed this. Isolation and loneliness were taking its toll on them. When the news was shared with our residents that their loved ones could come for a visit again, it was like a heavy cloud was lifted. The atmosphere was lighter in the entire building, among our residents and our staff."

Arcadia Valley campus Activities Director Debbie Boswell was close to tears when asked about the reopening. She said, "The residents were not only separated from their families, but they also were separated from each other for long periods of time. They love one another, and they want to be able to sit nearby and talk to each other. They need that close interaction. Being able to interact with each other is such a joy--physically, mentally, emotionally, and spiritually. We were able to have Bingo together for the first time in a long time last week. One resident told me, 'I never liked it before, but I really liked it today.'"

Baptist Homes can allow indoor visits for unvaccinated residents as long as the county COVID-19 positivity rate is under 10%, and more than 70% of residents in the facility are fully vaccinated. At the time of this writing, all counties where Baptist Homes' campuses are located are in the yellow, with positivity rates less than 10%, and vaccinations for residents are at 96%.

In addition, the CMS and the CDC have made an allowance for residents that have been fully vaccinated in that they can choose to have close contact (including touch) with their visitor while wearing a well-fitting mask and using hand sanitizer or handwashing before and after. However, visitors must continue to socially distance from other residents and staff in the facility during their visit.

Compassionate Care visits are allowed regardless of resident's vaccination status, the county's COVID-19 positivity rate, or an outbreak. Compassionate care visits are defined as visits during end-of-life situations, visits from clergy or lay persons offering religious and spiritual support, and by family members in certain situations.

According to the CDC, nursing facilities should continue to adhere to the following core principles for preventing COVID-19 transmission at all times:

- Screening all who enter the facility for signs and symptoms of COVID-19 (e.g. temperature checks, questions and observations of signs or symptoms), and denial of entry of those with signs or symptoms or those who have had close contact with someone with COVID-19 infection in the past 14 days, regardless of the visitor's vaccination status
- Use of hand sanitizer or hand washing
- Face covering or mask (covering mouth and nose)
- Social distancing at least six feet between persons
- Cleaning and disinfecting of frequently touched surfaces in the facility and visitation areas
- Appropriate staff use of personal protective equipment
- Resident and staff periodic, random sample testing

The Baptist Homes leadership have actively advocated on behalf of all nursing home residents' religious and visitation rights and will continue to monitor the situation for updates from LeadingAge and *McKnight's*, as well as weekly updates from the Missouri Department of Health and Senior Services (DHSS), CMS and the CDC. Any additional changes in visitation restrictions will be posted on the Homes' website, www.thebaptisthome.org/covid-response.

Becky Barton, Director of Communications

FRIENDS OF THE HOMES

From **Dream** to Reality

The Pridemores

Todd and Carolyn Pridemore

Todd and Carolyn Pridemore are members of First Baptist Church in Jefferson City and have supported The Baptist Home (Baptist Homes & Healthcare Ministries) for several years. Todd is no stranger to the ministry of the Baptist Homes, having served on staff as the lead advancement officer for central Missouri and the capital campaign for the construction of the new Baptist Home-Ashland campus for two years. It was through Todd's efforts that the funds were raised for infrastructure needs and the construction of a future care facility and chapel. Todd also served on staff at Memorial Baptist in Columbia for several years and now has a new role as the director of advancement of University of Missouri Healthcare.

Todd was able to witness some of the fruit of his labor at the ribbon cutting and groundbreaking ceremony at the Baptist Home-Ashland campus on April 1st. The Pridemores joined many others for the celebration of the grand opening of the new congregate living apartment building and the dedication for the site of the new 60-bed care facility and Duke-Nelson Chapel, which he was instrumental in helping to raise funds to build.

As a resident of Ashland, Todd is very thankful that Baptist Homes chose Ashland for their central Missouri campus. He said, "I believe in the 100-plus-year history of The Baptist Home, and its reputation for quality healthcare. Others in the Columbia-Jefferson City area have voiced to me their excitement for this type of facility and the spiritual element Baptist Homes offers. Strategically, it is only 5 miles from Columbia Regional Airport which serves as a real benefit for families who are spread out across the nation and can get to see their beloved family members with greater access than some other location."

When asked about his reason for financially supporting the Home, Todd explained that Carolyn's mother suffered 10 years with poor health and was in other facilities. When the development of the Ashland campus became a reality, Todd and Carolyn were able to make a personal commitment and gave a gift in memory of her mother, Ellen Horton. Todd shared, "We are very thankful as an Ashland resident that Baptist Homes chose this for their central Missouri location."

We are thankful for the Pridemores and so many others whose generous gifts have made the dream of a central Missouri campus a reality.

Spencer Hutson, Church Relations Specialist

NEWS

JOE ULVELING SELECTED TO SERVE AS CHIEF OPERATIONS OFFICER

Joe Ulveling

We are pleased to announce that Joe Ulveling has been named as the Chief Operations Officer for Baptist Homes & Healthcare Ministries. This is a newly created position and the first of its kind for the growing 108-year-old ministry. In addition to providing corporate oversight for campus operations and organizational stewardship, Joe will be focused on enhancing strategic initiatives and corporate policies, updating technology, and supervising property improvements and acquisitions.

Joe has a bachelor's degree in business from Tennessee Temple University and brings significant experience to his new role, having served 18 years with the Missouri Baptist Convention in executive operations and properties management and 10 years in the finance and banking industry. He values excellence and ardently desires to maximize teamwork and efficiencies. When asked about what he loves most about his profession, Joe shared, "I have a corporate brain with a ministry heart. For me, I strive for teamwork and creating efficient processes to assist our team as they give great care to residents and families."

Perhaps most importantly, Joe is passionate about the sanctity of life and has a genuine compassion and heartfelt empathy for the people we serve, born out of his personal journey in caring for his parents. He experienced first-hand the importance of caring for the aging with love and dignity as he walked with his mother during her cancer diagnosis and death followed by his father's failing health, progressive memory loss, and subsequent passing.

Joe will be working from the corporate office in Jefferson City, Missouri, and can be reached by email, julveling@thebaptisthome.org or by phone, (573) 636-0400, ext. 630. He and his wife, Debbie, live in Jefferson City and have two adult sons, Trenton who is married to Laura, and Tucker. Please join us in welcoming and in praying for Joe as he joins our senior leadership team. *-BLB*

From Seed to Harvest

First Baptist Church, Chillicothe

Rev. Rob Hurtgen (center) pictured with his parents, Janet and Richard Hurtgen, after preaching during Spiritual Focus Week on the Chillicothe campus. At the time of this photo, Richard Hurtgen was serving as the campus pastor.

Pastor Rob Hurtgen told me what he knows about the relationship of his church, First-Chillicothe and Baptist Homes. In the early 1980s, a senior adult layman approached then-pastor, Dr. Don Palmer. The layman was concerned about his own physical needs as he was aging. He knew of The Baptist Home in Ironton (Arcadia Valley), and the reputation they had for care from a Christian perspective. He wanted the kind of care that the Home was known for but did not want to be that far away from his family and friends. Born out of this desire and need, the pursuit began with an extensive letter writing campaign. After a long extensive effort on the part of the pastor, layman and many others from North Missouri, the support was gained for a Baptist Home campus in north Missouri, namely Chillicothe.

Pastor Rob's father, Richard Hurtgen, was pastoring in Milan, Missouri, when Rob was growing-up. They would pass by the developing campus of the Baptist Home-Chillicothe on their way to Grand Oaks Baptist Assembly for church camp. Years later, Richard served as the campus pastor for the Chillicothe campus. So, when Rob became pastor at First-Chillicothe in 2012, he already knew a lot about the Baptist Homes.

Pastor Rob said, "The Baptist Home-Chillicothe has impacted our church in many ways. We have mission groups go there. We've done Bible studies, Vacation Bible School, and worked with the campus pastor in many ways. Our Children's Choir does performances there, too. First-Chillicothe supports the Baptist Homes through a budgeted amount in addition to special offerings. They also provide volunteers that help in many ways."

Through the years, many residents of the Home have become members of First-Chillicothe even though they knew they would not be able to attend in person. They joined for the reassurance of having a home church nearby. First-Chillicothe ministers to them quarterly by deacons bringing the Lord's Supper to them and caring for them alongside Baptist Homes' staff. Through the years, many of Baptist Homes' staff have made First-Chillicothe their church home.

We asked Pastor Rob what the biggest value the Baptist Homes has over other care and retirement communities, and why would he recommend to other pastors that they encourage their seniors to consider coming to one of the Homes for care. Pastor Rob said, "First of all, the Christ family that the Baptist Homes is and the example of sanctity of human life from conception to the end of natural life is a strong part of the Baptist Homes. Ultimately, it is a family decision where a senior goes for care, and the location of the campus in proximity to their family plays a big part of that decision as well. However, the quality of care and the commitment to sanctity of life should frame the approach the care for their loved one receives. The Baptist Homes are not a place to come to die, but a place to come live out your years with life and vitality. The staff are there to make sure the residents have quality of life, and I've observed how they take time with them."

Joyce Stark was one of the first employees at the new Baptist Home-Chillicothe campus when it opened in 1988, and served as the activities director for 30 years before her retirement. Joyce is an active layperson at First-Chillicothe and continues to volunteer at the Home in her retirement. She shared, "The relationship between the church and the Home has been very helpful with visiting residents, hosting events, and bringing programs. A ladies auxiliary was started that helped and included the residents. First-Chillicothe and other local churches have always been very helpful."

Joyce Stark visiting with Phyllis Roberts.

Spencer Hutson, Church Relations Specialist

Walking Through the Valley

The following is an excerpt from the Biblical Perspectives on Aging podcast interview with Dr. Alan Branch and host, Dr. Andy Braams. Dr. Branch is an ethicist and professor at Midwestern Baptist Theological Seminary who discussed Euthanasia, Eugenics, and the concept of Developmental Personhood as it relates to aging, and the way we, as Christians, should evaluate these difficult topics from a biblical perspective.

Andy Braams: In this particular episode, the Baptist Home[s] has asked me to have you share your expertise on euthanasia and eugenics. Many of our listeners will know the term euthanasia, but many may not know all of the distinctions that relate to that term.

So, let's just start there. What is euthanasia? How do terms such as direct or indirect, active, passive, all of those things, affect our understanding of the term?

Dr. Alan Branch: I appreciate you asking. So, let's talk about the word euthanasia. Its etymology, if you will, where it comes from, comes from two Greek words that mean "good death" – eu thanatos – good death. So, the idea is that you're giving someone a good death as opposed to a bad death. It's an old idea. There were ancient Greek physicians that would euthanize people with the preemptive drugs such as they had back in the day. So, you mentioned a distinction between active and passive and indirect and direct.

I want to talk about that for just a second. I define the word euthanasia this way: medicalized killing. That's the simple definition for me: medicalized killing. And there are different ways that people can be killed. I think, as a general rule, euthanasia is considered differently from physician-assisted suicide, and it has to do with that indirect and direct distinction.

In physician-assisted suicide, the physician himself, or herself, doesn't actually kill the patient. The physician provides the means for the patient to kill themselves. And so that would be indirect, if you will, indirect killing. So, the physician says here's what you need to kill yourself.

In euthanasia, it's direct. And so, in euthanasia, the physician is actually giving a large overdose to kill a patient. What you have here in the United States is various states have legalized forms of physician-assisted suicide, but euthanasia is not legal in the United States. However, there are countries around the world, most notably Holland, also Switzerland, where euthanasia, the act of killing by a physician, is legalized.

So key distinction: in physician-assisted suicides, the physician provides the means for the patient to kill himself or herself. And then in euthanasia, the physician actually does the killing. Those are two key distinctions.

Andy Braams: One of the challenges in our world today is that lives are extended so much longer.

We're living decades longer than we were just a hundred years ago. So, how does that impact people's, perhaps, desire [or] understanding of euthanasia, understanding of, or having a desire to perhaps allow their life to be taken, if we want to use that terminology.

Dr. Alan Branch: I'm so glad you asked that because this is a great question for the ministry of The Baptist Home[s] here in Missouri.

So, let's talk about that for just a second. There's a couple of things that contribute to requests for euthanasia. And one of them is poorly managed chronic pain, not so much acute pain, but chronic pain that seems to be ongoing. Another is loneliness. The loneliness can feed depression, and we often think of depression as a high schooler, and we think about suicidal ideation with the high schooler when they experienced the episodic depression. Or maybe a mom, postpartum depression, but listen, senior adults can get depressed as well. So, in 1994, the state of New York was taking a long, hard look at their laws against euthanasia. Governor Mario Cuomo appointed this blue-ribbon panel to investigate the laws in New York about euthanasia.

What I'm about to tell you is very interesting because the people who said this were not a bunch of right-wing Southern Baptists. It was appointed by Mario Cuomo back in 1994. They published this extensive report, and we have it here in our library about euthanasia laws. And in their summary, they said, they identified, I should say, the degree to which poorly managed chronic pain and untreated depression are strongly correlated with requests for euthanasia.

And that group appointed by Mario Cuomo said we do a far better service to our society and to patients to find better ways to treat chronic pain and to treat the depression as opposed to making euthanasia more easily accessible. And the depression so often is tied to, again, this feeling of loneliness, [they feel] "I'm a burden on my family and people don't come visit me."

This is where a Christian ministry like The Baptist Home[s] comes into focus because here, what you get is Christian ministry. [We say,] "You're not alone. We're walking beside you through the last years of life. We're going to minister to you. You're not going to die alone. We don't view you as a burden. You're important. And we're happy to take care of you." And I have to tell you, that sort of ministry does so much to alleviate requests and desire for euthanasia. So, God bless the ministry of what you guys are doing.

To listen or to read the transcript of this interview in its entirety, visit biblicalperspectivesonaging.org, or find the Biblical Perspectives on Aging podcast on your favorite podcast app and select episode 3.03.

You're not alone. We're walking beside you through the last years of life.

When Dealing With an Unexpected *Crisis*

"God is our refuge and strength, an ever-present help in trouble." Psalm 46:1 (NIV)

cri·sis | noun | a time of intense difficulty, trouble, or danger.

There are times in our lives when calamity strikes. For example, when a loved one has an unexpected need, a parent falls and breaks a hip, or a family member receives a diagnosis of dementia. If your loved one needs immediate medical care, that obviously becomes your priority.

We are reminded in *Psalm 71:9, "Do not cast me away when I am old; do not forsake me when my strength is gone."* Our loved ones need us to be present in their lives and to help them make important life choices. God's Word reminds us that we can trust in Him in difficult times.

Needing help coping with a life-altering event is not a sign of weakness, nor a lack of faith. There are many roads in life that we have not traveled - and often, we do not know the way or understand exactly where the road will take us.

However, it is probable that someone we know has experienced a similar "road." Ask them for advice: How did you cope? What might I expect? What was the hardest part?

Baptist Homes Staff

Expert Advice: Aging is Change

Dealing with aging is dealing with change. Baptist Homes Experts on Aging have learned that the better a person is at coping with change, the better he or she copes with the challenges of aging. This is good to remember when a loved one is dealing with an aging crisis. Ask yourself, "How well has _____ dealt with change throughout life?"

If the answer is that they have struggled and were often resistant to change, then the response to changes related to aging will be similar. Be patient, seek counsel, and remember that this is another part of life.

Additional Resources:

Area Agency on Aging

An Area Agency on Aging (AAA) is a public or private nonprofit agency designated by the state to address the needs and concerns of all older persons at the regional and local levels.

Not all Area Agency on Aging offices operate under the same name. To find the closest office in your area, visit www.agingcare.com/local.

Meals on Wheels

Meals on Wheels operates in most communities in America. This resource can provide needed support when facing a temporary or long-term situation that makes healthy nutrition a challenge.

To find the closest facility in your area visit: www.mealsonwheelsamerica.org.

Experts Available to You

Baptist Homes Experts on Aging are available to help provide experienced advice for whatever aging crisis you might be facing. Baptist Homes encourages you to accept the help that these experts are willing and able to give.

Arcadia Valley: (573) 546-7429

Chillicothe: (660) 646-6219

Ozark: (417) 581-2101

Ashland: (573) 657-0506

Through the Catastrophic and the Commonplace

How a mini-fridge brought us face to face with our own hypocrisy

Building *Caring for the Caregiver* resources (left) has been one of our most challenging undertakings in over 14 years of service to the Baptist Homes. Not the literal work, as the subject was and remains very energizing to us, but the emotional toll. Our conclusion from all that research and time was that almost everyone is a caregiver in one way or another, but almost no one acknowledges it. And unfortunately, failing to acknowledge yourself as a caregiver leads to some grim consequences .

- A study conducted in 2020 stated that 1 in 4 caregivers feel that caregiving has made their health worse. (*aarp.org*)
- Nearly half of caregivers who had no choice in providing care feel a high amount of emotional stress. (*aarp.org*)
- 59% of Caregivers who say they had a choice in taking on their role, more often feel a sense of purpose as a result of providing care. (*aarp.org)*
- Over 90% of caregivers become more proactive about seeking resources after they identify themselves as a caregiver. *(caregiveraction.org)*

So, as you can imagine, we have committed ourselves to sharing this important news: You Are A Caregiver! And, of course, we have committed to living out this truth ourselves despite how insignificant our caregiving burden seems.

This is where the mini-fridge comes in.

Recently Grandma ordered a new refrigerator online and had it shipped to the house. It arrived in a very shabby-looking box and, to no one's surprise, was damaged. The return and exchange process was, honestly, pretty easy, but it required digging through emails, connecting with the seller, printing labels, and some general coordination amongst the family.

Due to a mix of good and bad prioritizing, work/life busyness and normal family stuff, we went several days without a resolution. Eventually, while trying to make the return without having given the issue proper attention, I wasted an afternoon driving around to the wrong drop-off locations. Frustrated, I took the three minutes, Three Minutes!--necessary to understand the situation. The whole thing was resolved in mere moments. Days later, a replacement refrigerator arrived, the old one was replaced, and everyone was happy.

Prior to successfully exchanging the fridge, feelings within the household ranged from confusion, avoidance, even to frustration and anger. Grandma was trying not to be a burden, trying to tackle the mess of emails, shipping requirements and language, and online return policies all on her own. All of these tiny factors that made a minor inconvenience into a productivity-stealing, relationship-straining ordeal, could have been avoided had I, had we all, just taken a moment to truly pay attention.

Could this "crisis" have been avoided? Yes. Can they all be avoided? No. But moving forward, learning to better identify which moments require caregiving to others and which moments require self-care will help our entire household. Maybe a little proactivity can help your family, too.

So whether your crisis is major or minor and regardless of how big or small the caregiving burden, remember, YOU ARE A CAREGIVER. Proactively acknowledge this and everyone will be healthier and happier!

Nathan Evans and his wife, Amanda, own Blue Duck Marketing, a communications contributor to the Baptist Homes since 2007. In addition to their service to the Baptist Homes, the Evans Family collects encouraging stories of caregiving and chronicles lessons learned from multi-generational living on their website www.AndGrandma.com.

And Grandma...

Common Components of an Aging Plan

An Aging Plan gives us peace of mind in knowing that we are prepared in case of a life emergency. Developing an Aging Plan takes time and commitment, but it is well worth the effort. It is important to work through these components before a crisis occurs. The ideal age to begin is in your early 50's, but no matter what your age, it is never too late to start. Below is a list of common components to help you get started.

- An estate plan
- Long-term care insurance
- Choosing a long-term care provider
- Remodeling or purchasing a home that is age friendly
- Informing adult children and responsible parties about legal and financial matters
- Funeral & burial plans
- A wellness strategy to improve fitness and health
- Advance Health Care Directive
- Durable Power of Attorney
- Minimizing risk as one ages to promote the longest and healthiest life possible
- Financial planning (Baptist Homes strives to provide quality healthcare at an affordable price. Our staff will work with the resident and family to find available resources to help cover the cost of care.)
- Paying for Senior Care (Missouri assistance programs available)
- Development of meaningful hobbies
- Career and work plans as one ages

CAMPUS L

IFE

Follow us on Facebook for weekly campus photos! www.facebook.com/thebaptisthome

Upcoming Campus **Birthdays & Anniversaries**

ARCADIA VALLEY BIRTHDAYS

Jul 3 **Myrtle Becker,** First Baptist, Arnold.
Jul 14 **Don Campbell (IL),** Stouts Creek Baptist, Ironton.
Jul 16 **Martha Barker,** Lebanan Baptist, Frisco, TX.
Jul 19 **Elizabeth Adams (IL),** Kirkwood Baptist, Kirkwood.
Jul 20 **Melva Florea (IL),** First Baptist, Ironton.
Jul 24 **Mary Bolton,** First Baptist, Mansfield.
Jul 29 **Carolyn Noe (IL),** Fee Fee Baptist, Bridgeton.
Aug 5 **Bill Davis (IL),** First Baptist, Ellis Grove, IL.
Aug 11 **Raymond Giles,** Fellowship Baptist, Wildwood.
Aug 16 **Fred Davis,** First Baptist, Ironton.
Aug 25 **Robert Blick,** Windsor Baptist, Imperial.
Sep 4 **Lola Watson (IL),** Court Street United Methodist, Fulton.
Sep 8 **Frances Turley,** First United Methodist, Festus.
Sep 22 **Bill Lumbley,** First Baptist, Ironton.
Sep 23 **Virgie Dodd,** Florissant Valley Baptist, Florissant.
Sep 28 **Betty Mason,** First Baptist, Wright City.
Sep 28 **Juanita Twitchel,** Warrenton Baptist, Warrenton.
Sep 29 **Josephine Reed,** Maplewood Baptist, Maplewood.
Sep 30 **Mary Rankin,** First Baptist, Gray Summit.

ASHLAND BIRTHDAYS

Jul 28 **Vicki Medley (IL),** Broadway Christian, Columbia.
Aug 25 **Larry Hendrickson (IL),** Southridge Baptist, Jefferson City.
Sep 2 **Larry Lindsey (IL),** First Baptist, Winfield.
Sep 14 **Don Hinkle (IL),** Concord Baptist, Jefferson City.

CHILLICOTHE BIRTHDAYS

Jul 1 **Elaine Honeck (IL),** Bethlehem Lutheran, Mason City, IA.
Jul 12 **Clinton Taylor,** Cornerstone Baptist, Jefferson City.
Jul 13 **Norma Taggart,** Memorial Baptist, Columbia.
Aug 8 **Sue Moseley (IL),** Maplewood Baptist, Maplewood.
Aug 10 **Jane Moore (IL),** Cornerstone Baptist, Chillicothe.
Aug 13 **Betty Grimes (IL),** First Baptist, Chillicothe.
Aug 16 **Catharina Miller,** Holy Cross Lutheran, Kansas City.
Aug 21 **Lydia Gillespie (IL),** First Baptist, Chillicothe.
Sep 3 **Kay Gannon,** First Assembly of God, Trenton.
Sep 5 **Joanna Smith (IL),** Cornerstone Baptist, Chillicothe.
Sep 7 **Virginia Hoyt (IL),** Chula Baptist, Chula.
Sep 13 **Phyllis Roberts,** Mooresville Christian, Mooresville.
Sep 20 **Opal Griffin,** First Christian, Trenton.
Sep 22 **Delores Pulis (IL),** Friendship Baptist, Macon.
Sep 24 **Betty Beaird,** Wheeling Baptist, Wheeling.
Sep 28 **Bill Wilhite,** First Baptist, Miller.

OZARK BIRTHDAYS

Jul 4 **Janet Noble (IL),** Second Baptist, Liberty.
Jul 6 **Sara Patterson (IL),** First Baptist, Ozark.
Jul 8 **Anna Allen (IL),** First Baptist, Ozark.
Jul 9 **Barbara Ford,** Briar St. Baptist, Springfield.
Jul 10 **Susan Onnen,** LDS, Ozark.
Jul 14 **Betty Russell,** First Baptist, Belleview.
Jul 21 **Yvonne Swadley,** First Baptist, Brookline.
Jul 22 **Dorothy Leimkuehler,** Concordia Baptist, Concordia.
Jul 23 **Betty Beck,** Springfield.
Jul 27 **Tommy Harper (IL),** First Baptist, Ozark.
Jul 28 **Betty Ragsdale,** Second Baptist, Springfield.
Jul 30 **Bonny Langston (IL),** First Baptist, Springfield.
Aug 5 **Sue Hall (IL),** Selmore Baptist, Ozark.
Aug 12 **Joann Spurgeon (IL),** University Heights Baptist, Springfield.
Aug 14 **Dolores Dake,** Macedonia Baptist, Springfield.
Aug 17 **Gerry Fredrick (IL),** Holiday Island Community, Holiday Island, AR.
Aug 20 **Claudia Mallard,** First Baptist, Buffalo.
Aug 20 **Marilyn Williams,** University Heights Baptist, Springfield.
Aug 26 **Myron Dillow (IL),** University Heights Baptist, Springfield.
Aug 29 **Maxine Napier (IL),** Cross Point Fellowship, Republic.
Aug 30 **Bessie Hume (IL),** First Baptist, Branson.
Aug 30 **Frances Miller,** Marshfield.
Aug 31 **Betty Clark (IL),** First Baptist, Republic.
Aug 31 **Bob Woolley (IL),** South Haven Baptist, Springfield.
Sep 5 **Marilyn Griffis,** South Haven Baptist, Springfield.
Sep 8 **Margie Cravens,** Methodist, Columbia.
Sep 8 **Mildred Sharp,** First Baptist, Climax Springs.
Sep 15 **Nancy Shaddy (IL),** South Haven Baptist, Springfield.
Sep 15 **Shirley Tucker,** South Haven Baptist, Springfield.
Sep 20 **Barbara Krofta (IL),** Hopedale Baptist, Ozark.
Sep 20 **Ivan Nyberg (IL),** First Baptist, Ozark.
Sep 21 **Alta Thomas,** Ridgecrest Baptist, Springfield.
Sep 21 **Wilma Wilson,** First Baptist, Clinton.
Sep 26 **Sally Harper (IL),** First Baptist, Ozark.

ARCADIA VALLEY ANNIVERSARIES

Aug 9 **John* and Arlene Jackson,** First Baptist, Farmington.
Sep 3 **Toby* and Susie Tucker,** First Baptist, Arnold.
Sep 6 **Don and Deanna Campbell (IL),** Stouts Creek Baptist, Ironton.
Sep 9 **Terry* and Martha Barker,** Lebanan Baptist, Frisco, TX.

OZARK ANNIVERSARIES

Jul 6 **George and Janet Noble (IL),** Second Baptist, Liberty.
Jul 8 **David and Verla Smith (IL),** Woodland Presbyterian, Hot Springs Village, AR.
Jul 20 **Robert and Barbara Krofta (IL),** Hopedale Baptist, Ozark.
Aug 11 **Clyde and Maxine Napier (IL),** Cross Point Fellowship, Republic.
Aug 18 **Bill and Carolyn Rogers (IL),** High Street Baptist, Springfield.
Sep 1 **Harlan and Joann Spurgeon,** University Heights Baptist, Springfield.

Deceased **Residents**

OZARK DECEASED RESIDENTS

Mar 7 **James Paul Swadley,** South Haven Baptist, Springfield.
Mar 20 **Bonneta Moore,** First Baptist, Ozark.

(IL) Independent Living Resident
(*) Not a resident of Baptist Homes

Campus **New Residents**

ARCADIA VALLEY NEW RESIDENTS

Mar 6 **Marjorie Ellsworth (IL),** First Baptist, Fairview Heights.
Mar 11 **Barbara Cross,** First Baptist, Desloge.
Apr 16 **Rita Aslesen,** Farmington.
Apr 29 **Judith Velten,** Reformed LDS.

ASHLAND NEW RESIDENTS

Apr 1 **Vicki Medley (IL),** Broadway Christian, Columbia.
Apr 1 **Ken Madlin (IL),** Calvary Heritage Baptist, Columbia.
Apr 1 **James "Roy" Eichelberger (IL),** Parkade Baptist, Columbia.
Apr 1 **Marilyn Richey (IL),** LDS, Columbia.
Apr 1 **Carolyn Guelbert (IL),** Heartland Baptist, St. Louis.

CHILLICOTHE NEW RESIDENTS

Feb 27 **Peggy Hunter,** Holmeswood Baptist, Kansas City.
Mar 31 **Catharina Miller,** Holy Cross Lutheran, Kansas City.
Apr 6 **Lucy Wagner,** Immanuel Baptist, Independence.
Apr 26 **Maria Greiner,** New Life Fellowship, Chillicothe.
Apr 26 **Lawrence Schneider,** St. Columban Catholic, Chillicothe.

OZARK NEW RESIDENTS

Feb 1 **Mary Hagler,** Meadowview Baptist, Republic.
Feb 4 **Linda Moore,** Ridgecrest Baptist, Springfield.
Feb 23 **Harvey Wright,** First Baptist, Springfield.
Feb 24 **Anna Wright,** First Baptist, Springfield.
Mar 16 **Beverly Church,** First Baptist, Sparta.
Mar 26 **Mildred Marksberry,** Northeast Baptist, Clinton.
Apr 1 **Bill and Carolyn Rogers (IL),** High Street Baptist, Springfield.
Apr 16 **Nola Pattengill,** Salem Baptist, Florissant.
Apr 22 **Evelyn Little,** Awakening Church of God, Springfield.

For Campus Needs and Campus Activities Calendars, visit our website.

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Facebook: www.facebook.com/thebaptisthome

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Newsletter: www.thebaptisthome.org/contactus

Email: desk@thebaptisthome.org

Website: www.thebaptisthome.org

Phone: (866) 454-2709 (toll free)

3 Steps to Becoming a Resident

What you need to know

STEP 1: Complete an Application

The first step in applying for residency at one of the Baptist Homes is to complete and submit a short application. Upon receipt, your administrator will review the application, request additional information if necessary and contact you confirming that your application is being processed. Apply for residency at www.thebaptisthome.org/application-for-residency.

STEP 2: Meet with a campus administrator

Your application will be reviewed by the campus administrator. A short interview will be required to assess if the Baptist Homes are able to provide for the applicant's welfare and medical needs. A review of finances will also be required if the applicant needs financial assistance. Very few applicants are ever denied admission to the Homes for inability to provide care or because of limited financial resources. Applications that fall outside of normal admission guidelines must be reviewed by the Executive Committee of the Baptist Homes.

STEP 3: Begin your lifecare journey

Once your application has been reviewed and approved, we will assist you with the move-in process. We understand this move may be difficult. It is our greatest desire to provide assistance every step of the way and make the process as stress-free as possible.

Final Prep: Necessary Documents

When entering one of our Homes, you will need to sign a resident agreement and complete an Advance Health Care Directive. We also encourage you to have a legal estate aging plan in place. A legal estate and aging plan defines contact persons and responsible parties and may be comprised of a Durable Power of Attorney for financial health decisions, a will and/or a trust. You can develop these documents with your own advisors, or the Baptist Homes' staff can assist you.

Learn More: Understanding Costs

Each level of care (dependent upon the campus) has an established rate which provides stability for the resident, family and budget. The Baptist Homes understand that being able to forecast and budget the costs of care is vital to financial stability for the resident and/or family.

Making the Right Choice for You

The Baptist Homes want you to make the right choice when choosing a facility and level of care.

For assistance, contact the Baptist Homes at (866) 454-2709 or visit www.thebaptisthome.org/MakingTheRightChoice for a form to guide you through the process.

A New Normal

"It was the best of times, it was the worst of times…" Perhaps that phrase is the best way to describe the impact that the last year has had on the residents, their family members, and to some degree the employees at the Baptist Home in Arcadia Valley. It is the opening line of a novel, *A Tale of Two Cities,* written by Charles Dickens.

The impact of the coronavirus (COVID-19) and related events has been profound.

If I view this last year from the perspective of my human, natural self, then it has truly been the worst of times: Within the Baptist Homes' family, I have lost dear friends and members of my flock. I have seen family after family separated from their loved ones because of restrictions and guidelines put in place to halt the spread of the pandemic. I have listened and watched as fear, anxiety, and at times depression have begun to creep into the minds and hearts of many of the saints that I minister to daily.

But then I remember that circumstances and earthly concerns do not define the Christian. Our Heavenly Father is still in control and has a plan for His children. Romans 8:28 tells us that, "…we know that all things work together for good to those who love God, to those who are the called according to His purpose." The phrase, "all things", includes a pandemic, recession, and political and social upheaval. The 24th through the 27th verses of Romans 8 assures us that as God's children we will face suffering and persecution. But we know that we have an invisible hope and God's Spirit, who understands our needs and makes intercession for us.

At the beginning of 2021, the Baptist Home-Arcadia Valley began the process of immunizations. By the middle of February, most of our residents had received both Covid-19 vaccinations. Within a few weeks, our first residents began experiencing face-to-face visits with their loved ones! Families have joined together to celebrate birthdays. Weak limbs are being strengthened, and our hearts are rekindled. Employees have gone the extra mile to be the hands and feet of Jesus Christ.

Family Reunited - Ed and Myrtle "Bubbles" Goodwin enjoyed a visit with Bill and Vicki Goodwin and Champ.

About a month and a half ago, our residents and I returned to the chapel for weekly worship and praise. Two weeks ago, we celebrated the Lord's Supper, and then on that next Sunday we joined together for a blessed Easter service. This last year has been challenging, but I can honestly say that God has faithfully met our needs, and I agree with Paul in Philippians 4:13 that, "I can do all things through Christ who strengthens me."

Jim Wills, Campus Pastor - Arcadia Valley

Easter Week Festivities

Residents were hopping with Easter activities at the Arcadia Valley Campus. Staff and residents helped stuff 2500 Easter Eggs for the local children. Every year, eggs and candy are brought to Baptist Home-Arcadia Valley to be filled for the Easter Egg Hunt in Ironton. The Easter Bunny stopped by to deliver chocolate eggs to residents. Residents were delighted to have a visitor and that she came with sweet treats. At the end of Easter week, residents observed the Lord's Supper and held a special Maundy Thursday foot washing service. Campus Pastor Jim Wills led the Maundy service and washed resident's feet as a humble act of service and love.

Baptist Home-Ozark Coffee and Tea Bar

First customers Nancy Shaddy and Marilyn Ford enjoyed their fresh coffee and renewed fellowship.

It's the Little Things

Coffee and Tea Bar Opens at Ozark

Going through Covid during 2020 was a challenging time, but as an administrator, I felt like we learned to appreciate the "little things." One thing in particular that was taken away was the ability to go to a coffee house and have a cup of coffee with friends. One resident said to me that she missed the ability to go out and felt we needed more fun things to do on campus.

After prayer, I felt like it was laid upon my heart to create something new. As a result, the idea for the coffee shop was born. When this idea was presented to the team, it was immediately embraced. I learned very quickly that this was not only something that the residents would enjoy, but the staff and visitors would love it, too.

I would like to say a special "thank you" to Brian Garrison, director of maintenance, for building the actual bar out of reclaimed wood. Brian and his maintenance team have supported wholeheartedly every idea that I have had and made my visions come to life! I hope this coffee house will be bring joy for years to come!

Looking for an opportunity to serve? We are looking for volunteer baristas for just a few hours a day. Please contact us if you are interested!

Sonya Newton, Retired Administrator - Ozark

Aloha, Sonya

Sonya Newton

A special "Hawaiian" celebration was held to thank retiring Ozark Administrator Sonya Newton for her service. Several residents and staff came to express their love and appreciation to Sonya for all her hard work over the past year. Current Social Services Director Pamela Workman has been selected to serve as Administrator- Elect for the Ozark campus and will be taking her Missouri Nursing Home Administrators' license exam this summer. Pam has 32 years of experience in long-term care and has served in various roles from assistant administrator to certified nursing assistant. Until then, Mrs. Sue Joslen will be serving as the interim administrator. Sue is a retired nursing home administrator with 42 years of experience in a faith-based setting. She is also a certified preceptor for nursing home administrators and will provide strong mentorship for Pam as she works towards her licensure.

Pamela Workman

An Unsung Hero:
Dicky McKerlie

Top photo: Dicky McKerlie visiting with late resident, Selma Milum; Bottom photo:During COVID lockdown, Dicky called BINGO numbers via the intercom.

Dicky McKerlie is a great asset to the ministry of Baptist Homes and Healthcare Ministries. He is what you call an unsung hero. He came to work at the Chillicothe campus in 2008 as the maintenance supervisor and has trained several helpers along the way. He knows a lot of things about many subjects, and if he does not know, he will work hard to figure it out. Over his tenure, Dicky has saved Baptist Home – Chillicothe countless dollars. On one project alone, he saved the organization about $50,000, and that project was not an isolated example.

When Dicky came to work here, he knew a little about a lot of systems. Since then, he has perfected his craft and has become an expert in many areas. Dicky does not always say a lot, but when he does, he has a dry sense of humor that catches people off guard. He loves to play jokes on people, and he has gotten away with some big ones. One time recently he put up parking signs and implied there were new mandatory parking spaces for all staff departments. The staff were up in arms until he let them in on the joke!

Dicky does not like to take a lot of credit for things, but he deserves to be spotlighted for his hard work and dedication. He may not be an anomaly of hard work around here, but he is a great example for others to follow. It is great when you see him carrying a bucket down the hall, only to stop and turn it over to talk to a resident. He has created a special bond with many residents over his years working here.

As you might imagine, Dicky has also seen his share of funny stories. One particular occasion, he came into the building and learned that one of the residents had gotten stuck after falling into a cooler. Trying to get the resident up safely proved quite humorous! We do not have room in this article to share all the stories, but Dicky often goes home with a chuckle.

Every now and then, Dicky says he is going to retire. It is going to be a sad day when that happens. Thankfully, he has a few more great years left in him. We know they will be filled with challenges, projects, help and laughter. Thank you, Dicky, for all you do for the Chillicothe campus and our residents!

Steve Moseley, Campus Pastor - Chillicothe

Ribbon Cutting and Groundbreaking Ceremony Held at Baptist Home in Ashland

Above Photo: *From left to right, Gene Butler, trustee, Dr. John Yeats, MBC Executive Director, Ted Middleton, vice-chairman, Dr. Ken Parker, board chairman, Doug Funk, trustee, Kenette Harder, trustee, Alan Brock, trustee, Michael McMullen, trustee, Dr. Ron Mackey, vice-president of community engagement.* ***Top Right Photo:*** *Baptist Homes President Rodney Harrison had the honor of cutting the ribbon with the help of members of the City of Ashland's Chamber of Commerce.* ***Bottom Right Photo:*** *Dr. Harrison led a prayer at the site of the future care facility and Duke-Nelson Chapel.*

On April 1st, under a clear blue sky, we celebrated the Grand Opening of our first congregate living apartment building with a ribbon cutting ceremony followed immediately by a site dedication for the future care facility and Duke-Nelson Chapel. In attendance were current and former Baptist Homes' staff and trustees, city and state officials, along with donors and project supporters. After the ceremony, guests were invited to take a tour of the newly completed housing and were asked not to disturb at least two of the units as new residents were moving in that same day! The new housing features twelve spacious, one-bedroom apartments, a large common living room for socializing and visits which includes a fireplace, covered parking, video security, keyless entries, walk-in showers, and a fully equipped, modern kitchen. To date, six of the units have already been leased.

The central Missouri property was purchased debt-free from funds provided by The Baptist Home Foundation in 2014. Upon completion of Phase II of the 73-acre property just north of Ashland and west of Hwy 63, the campus will be a complete continuum of care retirement community offering independent (active) living, assisted living, intermediate care and skilled care. In addition, at the heart of the new care facility will be the Duke-Nelson Chapel, made possible through the generosity of several donors and a $100,000 Challenge Grant from the J.E. and L.E. Mabee Foundation of Tulsa, Oklahoma.

Campus Administrator Derek Tamm said, "Today was a great day to celebrate a significant milestone in the development of this beautiful campus while setting the wheels in motion for Phase II of the project, the care facility and chapel."

In addition to providing educational resources and advocacy for the aging, we are committed to providing quality, compassionate care at each of our campus locations. We currently have three fully operational continuum of care retirement communities across Missouri in Arcadia Valley (Ironton), Chillicothe and Ozark, each offering a distinctively Christian setting with full-time campus pastors available to minister to residents, their families and staff.

President Dr. Rodney Harrison shared, "Today the Baptist Homes' family of residents, staff, friends and partners celebrated God's faithfulness. The dedication of the congregate living apartments is a significant milepost for the Ashland campus. To be able to break ground on the continuum of care facility and Duke-Nelson Chapel on the same day is nothing short of amazing. It is my prayer that current and future residents will experience a Christlike environment and quality of care."

For application and rates information, visit thebaptisthome.org/Ashland. - *BLB*

A New Season

Our world has experienced radical changes over the past year. COVID-19 has forced us to make some adjustments to the way we live and work. Heraclitus, the Greek philosopher, is credited with saying "The only constant in life is change." Some changes are difficult, and others are exciting. This would prove to be true over the past year for the Baptist Homes as well. What has not changed for the Homes is our mission of providing Christlike care to the aging, even during these unparalleled days of COVID-19. Our constant firm foundation is found in the Lord Jesus Christ (Matthew 7:24-27).

The Baptist Homes have experienced the reality of COVID-19 among our residents and staff. There have been illnesses to care for as well as losses to grieve. There have been stories of courageous compassion that are inspiring. Our staff have been warriors in the COVID battle to keep our residents as safe and healthy as possible. Currently, we are experiencing a run of COVID-free days at Arcadia Valley (110), Chillicothe (188) and Ozark (208). To date, there have been no positive cases at the Ashland campus. We are thankful for the powerful prayer support of many. Please do not stop lifting our residents and staff to the Lord.

Change also brings new and exciting days ahead. The Baptist Home Corporate office announced in January that The Baptist Home can do business as Baptist Homes & Healthcare Ministries (BHHM). This is not a legal name change. The new moniker paves the way for expansion into other areas of healthcare which include hospice initiatives. Baptist Homes & Healthcare Ministries is a more descriptive and effective way to communicate the presence of our current and future campuses.

It has been an exciting year of change at the new BH-Ashland campus. New residents fill the independent living bungalow and patio homes. On April 1, BHHM celebrated the Grand Opening of the new Congregate Living Apartments. This was followed by a site dedication for the future healthcare facility and Duke-Nelson Chapel. BHHM is thankful to the many donors that provided the Congregate Living Apartment to be built debt-free! We seek continued financial support for the new healthcare facility that will provide intermediate care, skilled care, and assisted living. The facility finds its architectural and spiritual center in the Duke-Nelson Chapel. It is a visual and spiritual reminder that BHHM ministers to the physical and spiritual needs of residents with Christlike love and compassion.

Amid challenging and positive changes, Baptist Homes & Healthcare Ministries needs faithful donors. One of our biggest challenges currently is escalating healthcare costs due to COVID-19. There are also positive changes as the Lord opens new opportunities for expansion of the BHHM ministry. These demanding and optimistic changes need financial support. After supporting your local church, your support of Baptist Homes and Healthcare Ministries allows us to continue the same compassionate care and ministry that has been provided for over 100 years.

The mission of the Baptist Homes and Healthcare Ministries is to joyfully serve in a Christlike manner by educating, advocating, and caring for the aging for the glory of God. BHHM looks forward to connecting with individuals, churches and associations. Your support is vital to ensure this important ministry continues. We are available to assist donors in considering possible giving options. To set up a personal visit or Zoom call to discuss such opportunities, please call us at (866) 454-2709 or email us at desk@thebaptisthome.org.

Nick Davis, Director of Advancement

Inclusive Memory Care℠

Memory Care From Baptist Homes & Healthcare Ministries

The phrase "Memory Care" is virtually synonymous with caring for someone with memory loss. At Baptist Homes & Healthcare Ministries, we have been providing specialized care for those with cognitive impairment for decades. In fact, it was during the Goodwin administration that Joy Goodwin, wife of Superintendent Ed Goodwin, discovered the practice of Validation Therapy, developed by Naomi Feil, MSW. Today, Validation Therapy is a part of the Baptist Homes array of services to residents who struggle with memory issues. In this article, I want to address two ideas: first, how do I know if I or my loved one is dealing with dementia or Alzheimer's disease, and second, how does Baptist Homes & Healthcare Ministries address these issues?

Aging brings with it an array of changes to the mind and body. Just as we are not as physically agile as we once were, our ability to think, react, and remember certain things slows as we age. However, there are certain aspects of memory loss that may be a sign of a medical condition often referred to as dementia or Alzheimer's.

Signs of dementia or Alzheimer's

1. Difficulty Completing Familiar Tasks - Tasks that have been repetitive and long term have become difficult to complete.

2. New Problems with Words - Having trouble engaging in conversation, stopping in the middle of conversation, repeating oneself or using the wrong words to describe an object.

3. Misplacing Things - Placing objects in unusual places, like a remote in the refrigerator, or losing the ability to identify and use an object.

4. Confusion with Time or Place - The inability to recall the year or not remembering where one is now and not being able to remember who you are and how you relate to other people.

5. Changes in mood or personality which leads to social withdrawal. - These changes are usually out of context with the normal flow of life. There is no apparent cause related to the change.

Baptist Homes & Healthcare Ministries' Inclusive Memory Care℠

There are five principles that create the foundation of how the Baptist Homes minister to those with memory issues:

The Baptist Homes believes all people – including older adults with dementia – have value as children of God and should be treated with respect. (Psalm 139:14-16, Psalm 71:9; 2 Corinthians 4:7-18)

1. Forgetfulness and memory loss do not invalidate a person's value.

2. Dementia does not remove the wisdom and insight gained through living and loving.

BHHM believes that older adults with dementia need and deserve love, acceptance, understanding, and respect. (Proverbs 23:22; Proverbs 16:31)

1. Staff are trained to approach residents in a way that is respectful, gentle, and non-threatening to gain trust and cooperation.

2. Staff are further encouraged to focus on feelings, emotions, and memories rather than the harshness of present-day reality.

BHHM believes that older adults with dementia can be cared for in a physically and emotionally-safe environment without being secured in a lockdown unit. No one, regardless of complications from memory loss, deserves to be locked away.

1. Residents who are assessed as being a potential elopement risk are provided a monitoring device that alerts the staff when they are near, or go through, an open external exit.

2. Residents who insist on "leaving" are accompanied by a staff person to ensure their safety; they are then safely and gently brought back in the building.

BHHM believes that older adults with dementia should be fully engaged and have freedom of movement, based on their ability and interests.

1. Isolating residents from normal everyday stimulation that is familiar is detrimental to mental and emotional health. Socially stimulating residents maintains a higher level of functioning.

2. Assuming residents with dementia cannot contribute to or participate in social situations or some decision-making activities disregards their sense of autonomy and self-worth.

BHHM believes other residents who may be uncomfortable around those with dementia can be assimilated into the culture of inclusion (vs. exclusion), thus promoting a positive and loving community environment.

1. Residents are educated via modeling from the staff (who have been trained in dementia care).

2. Oriented residents are provided "training" on how to relate to/approach residents with dementia.

3. Residents with dementia are gently guided out of other residents' rooms if they enter without permission.

Using these principles, BHHM's goal is to minister to all of our residents with the grace and skill befitting of our aging brothers and sisters who have been created in the image of God and redeemed by our Lord.

Dr. Ron Mackey, Vice President of Community Engagement

Alphabet Soup: Deciphering the Senior Care Options

The plethora of acronyms used by senior care providers can be intimidating at best and perilous at worst. Helping seniors, families and churches navigate the various levels of senior care is one of the services provided by the Baptist Homes. The principal levels of residential care are identified by the abbreviations IL, ALF, ICF and SNF.

Independent Living (IL) communities are often designated as residential homes or neighborhoods. IL is the perfect option for the person or couple who wants to downsize their home while living in community with others in the same season of life. The days of lawn mowing and home repairs are past, while activities such as gardening, travel, socializing and church are enjoyed.

Assisted Living Facilities (ALF) are designed for persons or couples who need assistance with one or more activities of daily living. Although we do not like to think of losing our independence, ALFs help only where necessary, be it managing medication, bathing or dressing. Meals and laundry are provided. Residents in ALFs enjoy apartments with their own furniture or comfortable furnishings provided by the facility. One of the ALF requirements is that the resident need only minimal assistance to be mobile.

Intermediate Care Facilities (ICF) are for those who require 24-hour accommodation, board, personal care, and basic health and nursing care. This includes eating, dressing, bathing, toileting, transferring and walking. Services are under the daily supervision of a licensed nurse and direction of a licensed physician.

Skilled Nursing Facilities (SNF) offer 24-hour skilled nursing care and treatment services performed by or under the supervision of a registered nurse. Candidates for skilled care are those who need around-the-clock observation or management of medical interventions such as IV's, ventilators and tracheotomies as prescribed by a licensed physician, or other nursing functions requiring substantial specialized judgment and skill.

Memory care, which is also called dementia or Alzheimer's care, is usually tailored for the unique needs of the resident. The Baptist Homes practice Inclusive Memory Care℠ which includes specialized training for our staff and allows residents to stay connected to their campus's community and chapel services rather than being locked away in an "Alzheimer's Ward."

When the time comes to downsize or the need for assistance arises, four steps will help you and your loved ones navigate this season of life. First, pray. The prayer of Psalm 71:9 is an example of conversing with God as one ages. It is always appropriate to "seek first the Kingdom of God." Second, research wisely. The long-term care industry consists of numerous quality communities, but many come at a steep cost. Most long-term care is not covered by Medicare or Medicaid, so ask a lot of questions, get "bottom-line answers" and be wary of high-pressure sales. Third, get wise counsel by talking to those who have traveled the journey you are embarking upon. Since most levels of care require a physician's referral, be sure to talk to your medical provider. Finally, take into consideration the person's spiritual health. As a pastor, I have preached in many nursing homes. It is not uncommon to find chapel service schedules involving Baptists one week, Latter-Day Saints the next, the Church of Christ the following week, and so on.

Our team at the Baptist Homes will be happy to help you navigate this season of life. We are available to answer general questions about the best level of care for you or your loved ones, whether it be at one of our four locations or in your local community. All four Baptist Homes' campuses offer independent living, whereas advanced levels of care are provided at the Arcadia Valley, Chillicothe and Ozark campuses. It is our joy to serve Missouri Baptists. For more information, go to www.thebaptisthome.org.

Dr. Rodney Harrison, President/CEO

Expert Advice: COMMUNICATE

Talk to your family about your wishes and be open about how you feel about types of care and what you want. As you age, it may become difficult to express what you want, creating tension and hardship for you and your loved ones. It is a difficult conversation, but one that is vital to ensure your wishes are known.

Baptist Homes Announces New Medical Director

David and Vickie Pulliam

Baptist Homes & Healthcare Ministries is pleased to announce the selection of Dr. David Pulliam, D.O. as its first corporate Medical Director. Having served in the medical field since 1974, Dr. Pulliam brings a wealth of knowledge and experience to the Homes. As Medical Director, Dr. Pulliam will provide oversight for corporate-wide resident care policies and offer expert guidance to facility leadership and staff as to the best development and implementation of infection control procedures, nursing/physician issues, and medication management. Dr. Pulliam is looking forward to his new role with the Baptist Homes. In a recent interview with Baptist Homes' staff, Dr. Pulliam shared the following:

Q: We look forward to getting to know you. Can you tell us a little about yourself?
A: I have been in medicine since 1974, graduating in 1978 with a D.O. Degree from ATSU in Kirksville, Missouri, and completing a Family Medicine residency in the military. I served six years in the Air Force as a Flight Surgeon and Family Practice. In 1985, my wife Vickie and I, with our children, settled in Higginsville, Missouri. We have benefited immensely from the close-knit community life of Lafayette County and surrounding area. In 2019, after 40 plus years of delivering babies, providing hospital care and having a full schedule in our Family Medicine Clinics, we decided to leave most chronic care in the clinic and concentrate efforts elsewhere. I continue to do some minor surgical procedures, FAA and DOT physicals, and care for my patients in two local nursing facilities. I also serve as medical director for our local EMS, Beacon of Hope Hospice, and Meyer Care Center, our local skilled/long-term care facility. I recently accepted the position of Lafayette County Coroner, by default. All in all, it has been a very busy semi-retirement, but without a schedule. It remains very rewarding.

Q: Where do you call home? Married? Children? Hobbies?
A: My wife, Vickie, and I live on a farm between Concordia and Higginsville. We both have rural roots and enjoy the outdoors. We garden, enjoy sports, primarily local school, and grandkid involvement, but love the Chiefs and Royals (Sorry, St. Louis). I enjoy woodwork, hunting, fishing, construction, and farm life. Vickie is retired after owning a bridal shop. Our 13 grandchildren are close enough to spoil with Gina and Wade Kouril in Higginsville (3 children), Ashley and Lance Mitchell in Smithville (3 children), Alison and Adam Agnew in Lee's Summit (4 children), and Camden and Mallory Pulliam (3 children), on staff with Midwestern Seminary. We have grandchildren ranging from age 1 to 19. My dad, Keith Pulliam, is 91 years old and has moved from the farm to a senior living apartment. My mother, Elizabeth, went to be with the Lord five years ago. Through our parents, Vickie and I have experienced both hospice and long-term care. Her parents, Jesse and Leda Fletcher from near Brunswick, both lived well into old age, and my grandmother died at 101 years of age.

Q: What do you love most about your profession?
A: I enjoy helping people walk through especially difficult times in their lives. I am passionate about family integrity.

Q: What is a career accomplishment you are most proud of?
A: I have loved being a part of bringing babies into the world. I share that with my daughters as labor and delivery nurses, and my wife who is passionate about babies.

Q: What do you most look forward to in serving as Medical Director for the Baptist Homes?
A: I would like to be of some assistance in helping to maintain a safe, inviting environment that has as many components of home as possible for people as they age.

Q: Is there anything you would like to share with our residents, their families, and our staff?
A: While I do not intend to be the complaint department, I would appreciate being able to help think through issues regarding quality care.

Q: Tell us briefly about your faith journey.
A: I grew up in a devout Christian home where my parents took us to church and instilled the need for a relationship with Christ in our lives at an early age. I accepted Christ at a young age. Church membership and involvement has always played a huge part in my life from my childhood, through college, through the military, and through my marriage and child rearing years. I have served as a deacon, Sunday School teacher and served on many committees. It has been a privilege to do missions both nationally and internationally in Kentucky, New Orleans, Alaska, Guatemala, and Moldova. In every step of our lives and those of our children, we have felt led by the Lord. At every crossroads, we have had opportunities presented that we could never have predicted or imagined. Our church family has been First Baptist Church of Higginsville since 1985. Our ancestries have involved a longstanding Baptist heritage with pastoral, missions, and local church involvement. We remain proud to be a part of the Missouri Baptist family.

Please join us in welcoming and in praying for Dr. Pulliam as he joins our family of care providers.

Becky Barton, Director of Communications

Giving in Memory of Someone Special

Have you had someone make such a positive influence in your life that you felt truly blessed? Do you remember the person who had the biggest impact on leading you to faith in Jesus Christ?

Joyce Anders has been a consistent donor to the Baptist Homes for several years. I had the pleasure of calling her recently to express the Home's gratitude for her gift to the Benevolent Fund. Immediately and without pretense, Joyce suggested that the gift was not much, but she believed in the Baptist Homes' ministry. I reminded her that gifts given in the right spirit and attitude are blessings to be multiplied by the Lord.

I noticed that she had given the gift in memory of a particular person. I asked Joyce if she minded telling me about this person. Like a light bulb coming on, her voice became bright, happy and energetic as she began to tell me about Darlyne Sears.

Darlyne Sears and her husband, Stockwell, were International Mission Board missionaries in China, Indonesia and Malaysia. Darlyne was also Joyce's Girls in Action leader in her church. She taught her about how missionaries were taking the gospel throughout the world. But Joyce's favorite memory of Darlyne was that she led her to the Lord. It was the beginning of a faith journey that still has meaning today as she serves the Lord through the Missouri Valley Baptist Church in Hall, Missouri.

Darlyne's and Joyce's friendship lasted for many years. When Darlyne passed away, Joyce continued to remember her dear friend. Every December, Joyce makes a gift in memory of Darlyne as a special way to commemorate their friendship.

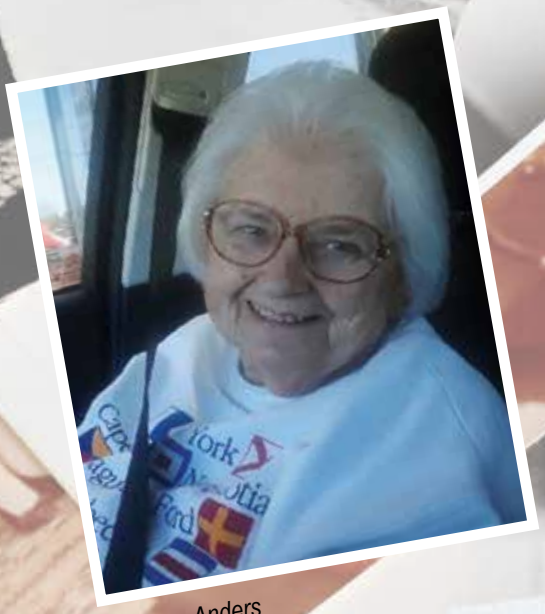
Joyce could mark her friend's grave with beautiful flowers, but instead, she chooses to make financial gifts that will make a Kingdom difference. She said, "I can't think of a better way to honor or remember someone than give to Baptist Homes and ask the Lord to bless my simple gift for His use."

Like many of us over the past year, Joyce was feeling house-bound by the pandemic. But she chooses to be joyful and thankful for someone who gave her the greatest gift of all – faith in Jesus Christ.

Joyce and other donors like her have taught me an important lesson. Giving is a choice. Giving is a way to show gratitude for others. Giving is an expression of thanksgiving to God.

There are several ways a donation can be made to Baptist Homes & Healthcare Ministries. If Baptist Homes can assist you with discussing these giving options, please call or text me at 573-822-4319 or email me at ndavis@thebaptisthome.org. Baptist Homes would be happy to assist you.

Nick Davis, Director of Advancement



Joyce Anders

Darlyne Sears

Stockwell Sears

IN HONOR OF:

Caroline Bradford by First Baptist Church, Edgar Springs.
Lucille Brown by Mr. and Mrs. Ivan E. Nyberg, Ozark.
John T. and Susie Burney by Mr. and Mrs. George R. Ashley, St. James.
Dick and Betty Clark by Nancy (Mrs. James) Shaddy, Ozark.
Eloise Jennings by Mrs. Glenda Dillon, Lebanon.
Bob and Barbara Krofta by Nancy (Mrs. James) Shaddy, Ozark.
Alan and Bonny Langston by Nancy (Mrs. James) Shaddy, Ozark.
Carol Likely by David Likely, Ironton.
Margaret Marshall by Gerald and Jeanette Leach, Merritt Island, FL.
Tillie Mayse by Mr. and Mrs. Sherman Johnson, Farmington.
Nyberg Wedding Anniversary by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Phyllis Roberts by Dr. and Mrs. Kenneth B. Chatlos, Liberty.
Roberta Sherman by Darrell and Lynn Sharick, Arnold.
Bob and Margaret Woolley by Mr. and Mrs. Ivan E. Nyberg, Ozark.

IN MEMORY OF:

Timmy Alcorn by Mrs. Edwina Alcorn, Farmington.
Leona Irene Asher-Reed by Mr. and Mrs. Bill Sheehy, Ironton; April Robinson, Little Rock, AR; Kenneth Woodill, Orlando, FL.
Emma Jean Barker by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Florence L. Brown by Ms. Nina M. Halbrook, St. Louis.
Ortis Carmichael by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Virginia Chapman by First Baptist Church, Mr. and Mrs. Sherman Johnson, Farmington.
Wilma Cook by Dolores Sutterfield, Salem.
Mr. and Mrs. A.D. Counts by Ms. Barbara Dean Ward, Farmington.
Mike Counts by Ms. Barbara Dean Ward, Farmington.
Pauline Currence by Dr. and Mrs. Rodney Harrison, Lawson.
Frances Davis by Ms. Nina M. Halbrook, St. Louis.
Homer DeLozier by Dr. and Mrs. David T. Bunch, Smyrna, GA.
Anna Mae Faircloth by Mr. and Mrs. Harvey G. Faircloth, Park Hills.
Norma Fisher by Margaret Hubbard, East Alton, IL.
Lee Gammon by Mr. and Mrs. Harvey G. Faircloth, Park Hills.
Mary Belle Gammon by Mr. and Mrs. Harvey G. Faircloth, Park Hills.
Joy Goodwin by Mr. and Mrs. Bill Goodwin, Warrensburg.
Elaine Graf by William and Emily Mouser, Wellman, IA; Gary and Karen Hensiek, Warrenton.
Thomas and Anna Merle Grim by Mr. and Mrs. Kevin L. Cook, Bonne Terre.
Bessie M. Gross by Mr. and Mrs. Randy Lee Adolph, Webster Groves.
Mary Gross by Mr. and Mrs. Harvey G. Faircloth, Park Hills.
Emmett S. Harter by Francis and Margaret Harter, Farmington.
Betty Lee Hayes by Doyle Needham, Memphis, TN.
Wendy Hendershot by Mrs. Terrisa J. Johnson, Bossier City, LA.
Porter Hensley by Mrs. Margarette A. Hensley, Farmington.
Ellen Horton by Mr. and Mrs. Todd Pridemore, Ashland.
Gladys How by Mr. and Mrs. Randy Lee Adolph, Webster Groves.
Angielee Huddleston by Mr. and Mrs. Larry Condra, St. Peters.
Harold Hume by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Helen Jackson by Miss Diana Jackson, Overland Park, KS.
Carroll Jennings by First Baptist Church, Poplar Bluff.
Joseph Johnson by Mrs. Winona Johnson, Bogard.
Erma Jones by Mr. and Mrs. Theodore Jones, Park Hills.
Eugene Jones by Mr. and Mrs. Theodore Jones, Park Hills.
Elsa Maness by Mrs. Becky Young, Ozark.
Nelda McNabb by Mr. and Mrs. Jesse E. McNabb, Festus.
Albert "Sonny" Miller by Mr. and Mrs. Sherman Johnson, Mr. and Mrs. Robert Govreau, Mr. and Mrs. Tom Stanfield, Farmington; Todd and Amanda Duisen, Mark and Barb Ingoldsby, Ovella Lange, St. Peters; Middletown Composites Inc., Berea, KY; Mrs. Karen Harter, Mark Jefferis, St. Louis; Marilyn Gegg, Ste. Genevieve; Larry and Anita Davis, Patricia Schwent, Doris Jane Waltman, Mary Holzhauser, Pitman Funeral Home INC., Wentzville; Randy and Leigh Downs, Kansas City; Jerry and Denise Shaffer, William and Norma Sudbrock, Lake St. Louis; Don and Donna Welch, O'Fallon; Robin L. Macias, St. Charles; Robert A. and Michelle K. Mosley, Shell Knob.
Earl Miller by Ms. Barbara Dean Ward, Farmington.
Bonneta Moore by Baptist Home Ozark Auxiliary, Mr. and Mrs. Ivan E. Nyberg, Mr. Tommy Harper, Nancy (Mrs. James) Shaddy, Ozark.
Jeanie Moore by Mr. and Mrs. James W. Nelson, Jefferson City.
Frank and Opal Nixon by Mrs. Ruby L. Ward, Owensville.
Carlene Pennel by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Nina Ray by Mr. and Mrs. Donald L. Clerc, Affton.
Iva Raymo by Mr. and Mrs. Floyd G. Ward, St. Louis.
Maxine Reitzel by Mr. and Mrs. Vernon Chronister, West Plains.
Virginia Riddle by Irwin Sunday School Class of First Baptist Church, Mr. and Mrs. Harry F. Lauf, Jefferson City; Baptist Home Ozark Auxiliary, Mr. and Mrs. Ivan E. Nyberg, Nancy (Mrs. James) Shaddy, Ozark.
Wanda Russell by Don and Nancy Ross, St. Louis.
Jim Schudy by Mrs. Patsy R. Schudy, Ozark.
Mary E. Short by Rev. James Short, Higginsville.
Hugh Smith by Mr. and Mrs. Ivan E. Nyberg, Ozark.
Margaret Soell by Dr. and Mrs. Erwin F. Soell, Iowa Park, TX.
Carolyn Stocker by First Baptist Church, Ms. Barbara Dean Ward, Farmington.
Nina Strodtman by Mrs. Ruth Ann Short, Ironton.
James Paul Swadley by Mrs. Cara Harris, Springfield; Mr. Russell Martin, St. Charles; Mr. and Mrs. Carl Wm. Gustafson, Nixa.
Bessie Thomure by Mr. and Mrs. Sherman Johnson, Farmington.
Edward Thomure by First Baptist Church, Farmington.
Brente L. Ward by Ms. Barbara Dean Ward, Farmington.
Donna White by Amy and Barry Smith, Donna Biggs, Paducah, KY; Mr. and Mrs. Harvey G. Faircloth, Park Hills; Dr. and Mrs. Frank E. Fain, Mr. and Mrs. Sherman Johnson, Kurt and Julie Bauche, Farmington.
Murrell D. Williams by Janie Henry, Springfield.
Dorma Yarnell by Mrs. Kay A. Gump, California.
Stella York by Dr. and Mrs. Kenneth B. Chatlos, Liberty.
Mark Yount by Mr. and Mrs. Michael R. Yount, Fredericktown.

Honorariums and memorials received January 23 thru April 23, 2021.

How can I give?

You can send us a check or money order made payable to **"The Baptist Home."** Please let us know if you want your gift used for a specific purpose by indicating that purpose either in the memo line or in a letter to us. Or visit www.thebaptisthome.org/donate to give online.

What is the benevolent program?

The Homes provide nearly $2 million dollars each year in financial assistance to residents in long-term care who can no longer pay the full cost of their care. Conservative stewardship and planning enable the Baptist Homes to provide continuing support for financially-assisted residents. Your gifts help the Homes continue its long heritage of providing life-long care to residents regardless of their financial situation. In accordance with Baptist Homes policy, there is no distinction between the care and attention provided to self-pay residents and to those receiving financial assistance.

Is my donation tax deductible?

All gifts are tax deductible. Please make checks payable to The Baptist Home. The Baptist Home is a 501 (c)3, not-for-profit organization.

How can I learn more about making a donation?

Phone: 866.454.2709
Email: desk@thebaptisthome.org
Web: www.thebaptisthome.org/donate

It is through all gifts, both large and small, that we are able to continue our ministry to the aging. Thank you for your ongoing gifts of time, talents and resources which are so vital to the continued success of this dynamic and authentic ministry.

Summer 2021 || Volume 1, No. 2

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December 29, 2021 - January 10, 2022

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To download and print a reservation form, visit www.thebaptisthome.org/reservationform.

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